

Celebrity Buzz

Tatum shows off stripper moves for Ellen

pg 30



The world's largest global newspaper

metro



OTTAWA • THURSDAY, FEBRUARY 11, 2010

metronews.ca

Hallmark
3 days 'til Valentine's Day
Visit your nearest Hallmark Gold Crown Store

Teachers vote 51% in favour of contract

LABOUR Ontario college teachers have voted 51 per cent in favour of a contract offer, in results the union says are too close to call.

Lead college negotiator Rachael Donovan says instructors voted 51.25 per cent in favour of the deal and she's happy the unofficial results show many faculty saw this offer as fair and reasonable.

But the union says the 210-vote margin is too close to determine whether the offer has been accepted or rejected and notes about 300 mail-in ballots remain to be counted.

Both sides will now await the official provincially certified results that must be certified after a review by the Ontario Labour Relations Board.

A Feb. 17 strike date was set, but if the offer is ultimately rejected, a new date will be determined.

THE CANADIAN PRESS

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3



Style pg 25

Brighten up your closet with red



Vancouver Games

Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — Short-track skaters taking aim at Apolo Ohno, page 20

On the web

Visit metronews.ca for news updates

2010 Games

Warm-up



Canadian speedskater Kristina Groves, from Ottawa, leads Clara Hughes, from Glen Sutton, Que., during a practice session for the Vancouver Olympic Winter Games in Richmond, B.C., yesterday. **More coverage, page 20**

Be proud, soldiers told

Charges against colonel mustn't rattle faith in military: Chief

The men and women of the Canadian Forces may feel like the "sacred trust" they put in their leadership was violated as a prominent commander faces murder charges, but the allegations must not dampen their pride in wearing the uniform, Canada's chief of defence staff said yesterday.

Gen. Walter Natynczyk said he felt winded, as if from a "body blow," when he was told that Col. Russell Williams, the respected commander of CFB Trenton — Canada's largest air force base — was charged with first-degree murder in the deaths of Cpl. Marie-France Comeau, based at CFB Trenton, and Jessica Lloyd, a 27-year-old resident of nearby Belleville.

Williams is also charged in two area sex assaults.

Being in a position of leadership in the military is a "sacred trust," Natynczyk said at a press conference.

"(Members of the military) need to have confidence in their leadership,"

he said. "So any time you have that kind of perceived violation of leadership, that's where you know you've had a body blow."

Soldiers are no stranger to tragedy, especially those who work at CFB Trenton, which hosts all-too-regular repatriation ceremonies. But the shocking charges against a commander described as a bright star quickly rising through the ranks have rattled the military.

Canadian Forces members must remember this is one

individual "alleged to have done something terrible," and it should not make them ques-

tion the institution itself, Natynczyk said.

"Indeed, we had a concern from the airmen saying, 'Should we even go out with our uniforms on?'" he said. "I said: 'Stop that. We can't go back. We go forward and we are proud, proud to wear a uniform.'"

To illustrate his point, the chief of defence staff went to Tim Hortons in uniform right before the press conference.

"And sure enough, someone from Trenton came up and

said, 'I put this into perspective. You guys are great.' And I just said, 'Thanks,'" Natynczyk said.

THE CANADIAN PRESS

Living wage for city's workers a step closer

POVERTY The prospect of a living wage for municipal employees was the most controversial element of the city's Ottawa Poverty Reduction Strategy.

Fourteen of the strategy's 16 recommendations were approved unanimously by city council. The remaining two recommendations, living wage and reinvesting savings from provincial up-loads back into social infrastructure and poverty reduction, passed by a vote of 14-7.

Although the recommendations would not immediately commit any funds, Gloucester-South Nepean Coun. Steve Desroches said the living wage would be too costly for the City of Ottawa under the current tax system.

But Bay Ward Coun. Alex Cullen argued there is no harm in at least looking into a living wage policy, which would pay low-earning city employees \$13.25 an hour instead of \$9.50.

TIM WIECLAWSKI/METRO OTTAWA

Canadian Living

2010

BEST NEW PRODUCT

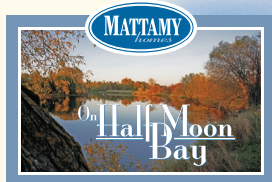
Voted by Consumers

— powered by BrandSpark —

LOOK INSIDE
and see
what consumers voted for!



Drive Over To Half Moon Bay To See Our New Detached Homes And Pack Your Toboggan.



Mattamy on Half Moon Bay tobogganing hill.

Mattamy on Half Moon Bay now has a new release of detached WideLot™ family homes.

This is a wonderful master-planned community with parks, playgrounds and walking trails that wind throughout the community and along the shores of the bay. There is a community pavilion overlooking the bay and you'll find unblocked views to the water.

In winter, we also have a great family tobogganing hill and a community skating rink.

There are fewer homes on the streets and many of them feature front porches which make it easy to enjoy brief chats with neighbours passing by.

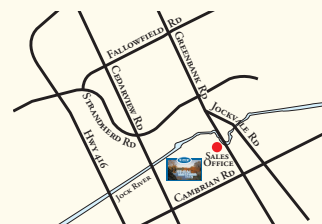
There are 5 model homes in Mattamy on Half Moon Bay so you can see a complete range of the exterior and interior styles available as well as the latest interior design techniques.

We hope you will join us this weekend and please bring your family and your toboggan and your skates.

After all, we want you to have a good time in your new community.

Thank you.

Freehold Townhomes From \$199,990
Detached Homes From \$322,990



Coming Soon To Orleans A New Mattamy Homes Community

Pre-register at mattamyhomesottawa.com

www.mattamyhomesottawa.com



Sales Centre Hours: Monday to Thursday 1pm-8pm;
Friday 1pm-6pm; Saturday, Sunday and Holidays 11am-6pm

All illustrations are artist's concept. All dimensions are approximate. Prices, specifications, terms and conditions subject to change without notice. E.&O.E.

News on the Move
IN THREE EASY STEPS

1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA



Local

fantastic CITY

Become a Facebook fan for a chance to win airfare to any Metro city in Canada.

Look what city is leading now...

CITY	FANS
HALIFAX	91
OTTAWA	90
TORONTO	151
CALGARY	134
EDMONTON	55
VANCOUVER	72

*Total number of fans as of 4:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at www.facebook.com/metroottawa

Levy named year's top doctor in city

TRACEY TONG
tracey.tong@metronews.ca

AWARD The city's top doctor credited with leading the city through the recent H1N1 pandemic has received the Ottawa Physician of the Year Award.

The Academy of Medicine of Ottawa awarded the honour to Ottawa's medical officer of health Dr. Isra Levy in recognition of his work as a clinician, advocate and for his service to the community.

The award speaks to Levy's professionalism, leadership and dedication, said Mayor Larry O'Brien.

In its third year, the award was developed to recognize local physicians for their contributions to the community.

News in brief

ROUNDAABOUT Construction on a multi-lane roundabout at the intersection of St. Joseph and Jeanne d'Arc boulevards will begin this June. Yesterday, city council approved the \$2.5-million stimulus construction project, which includes other improvements to St. Joseph Boulevard. The project is expected to be completed before March 2011.

EXPOSITION HALL Whenever it's built, the city's new exposition hall facility will have to achieve LEED Silver standard. The request for proposals for the new 220,000 square foot facility will be sent out on Feb. 19, after getting the stamp of approval from city council yesterday. The new hall will host many of the consumer and trade shows that are currently held at Lansdowne Park. The hall is expected to cost at least \$40 million.

BID ENDORSED Council has endorsed the Senators Sports and Entertainment's bid to host the 2012 NHL All-Star Weekend. If Ottawa is selected, the All-Star Weekend would take place Jan. 28-29, 2012 and would be held during the 20th anniversary of the team's return to the NHL. Council approved providing up to a maximum of \$200,000 to subsidize the event's festivities and provide in-kind services.

METRO OTTAWA



Montreal photographer Nicolas Baier speaks about Vanitas — comprised of 40 images made by directly scanning the surfaces of antique mirrors — at the preview for his exhibit, Pareidolias, which opens at the National Gallery of Canada tomorrow.

Artist's goal: Open minds

People can find art themselves, says photographer

TRACEY TONG
tracey.tong@metronews.ca

Only an artist can turn a crashed computer screen into art.

While working on a piece called The Formation of Clouds in 2008, Nicolas Baier's computer crashed.

Anyone else might have hit the reset button, but not the Montreal-based contemporary photographer, who put the red image on the screen in a light box and named it Failed.

The piece is one of 16 pieces — including ink-jet and chromogenic prints — featured in Baier's solo exhibit, entitled Pareidolias, which opens at the National Gallery of Canada tomorrow.

Pareidolia is a psychological phenomenon used to describe how the human mind sees familiar objects in abstract forms. Baier's subjects include antique mirrors — Vanitas, comprised of 40 images made by directly scanning the surfaces of antique mirrors — and paper stained with window condensation from a storefront.

Contemporary art is "all about interpretation," said exhibit curator Bernard Lamarche, who is also the curator of contemporary art at the Musée régional de Rimouski. "It's how you project yourself into works of art in order to make meaning."

Talk at NGC

Baier will be speaking about his work at the NGC at 12:15 p.m. and 2 p.m. tomorrow.

da tomorrow.

Pareidolia is a psychological phenomenon used to describe how the human mind sees familiar objects in abstract forms.

Baier's subjects include antique mirrors — Vanitas, comprised of 40 images made by directly scanning the surfaces of antique mirrors — and paper stained with window condensation from a storefront.

Contemporary art is "all about interpretation," said exhibit curator Bernard

Lamarche, who is also the curator of contemporary art at the Musée régional de Rimouski. "It's how you project yourself into works of art in order to make meaning."

"It makes the viewer responsible for what he or she sees," said Lamarche.

People should come into the exhibit with an open mind, he said. "If you come here with a total open mind, it's probably where you're going to have most of the fun," he said.

"There's a mission in my work," said Baier. "To open people's minds ... People wait for artists to do it, but they can do it for themselves. Watching and observing helps with happiness and tranquility."

Exhibit highlights black inventors

HISTORY MONTH There are scores of role models in music, sports, and culture celebrated during Black History Month, but quite often, prominent African inventors and innovators get overlooked.

"This is really important for our children and youth to boost their confidence and self-esteem," said Tarrah Mauricette, program manager at Jaku Konbit's Academy. "Seeing reflections of themselves in such a capacity is important for facilitating careers in those fields."

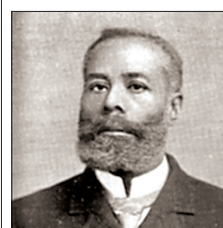
Jaku Konbit, Black History Ottawa and the Ottawa Community Immigrant Services Organization are presenting an exhibit at the Canada Science and Technology Museum this weekend.

The exhibit is an opportunity for people to learn about innovations and inventions by African-Canadians and African-Americans that may have been missed by school textbooks, said Mauricette.

For example, African-Canadian inventor Elijah McCoy helped revolutionize the rail industry in the 1870s with his automatic lubricators for steam engines.

Then there's African-American Dr. Charles Drew, whose innovations in blood storage techniques during the Second World War enabled allied countries to develop the world's first large-scale blood banks, and engineer Lonnie Johnson, who made millions after inventing the Super Soaker water guns. Johnson holds nearly 100 patents, many of them for power generation and space exploration.

TIM WIECLAWSKI/METRO OTTAWA



African-Canadian inventor Elijah McCoy.

For relationships, medium gets help from beyond

PARANORMAL Relationships can definitely be confusing.

So it's no wonder that when Valentine's Day rolls around, men and women alike turn to psychic medium Marc Jade for some answers.

Relationships are a hot topic year-round, but are especially popular in February, said the area native, who, despite being only 28 years old, already has a reputation as Ottawa's ghost whisperer.

"If a person is single, my

Valentine's Day

goal is to track down who he or she needs to meet, and details about what they look like and names," said Jade. "I'll try to tell them exactly what they need to look for."

Jade said he knows of at least 10 couples who have met and married because of what he's seen.

Jade also gets a lot of questions about careers and from people looking to con-



Marc Jade

metro

fantastic CITY

COMPETITION

Become a fan of Metro on FACEBOOK and you could **WIN** airfare for 2 to one of Metro's **fantastic cities** in Canada!

VISIT facebook.com/metroottawa

m.metronews.ca

Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page.

metronews.ca

What's online today.

Video What's Cantonese for 'puck'? For the first time, the Olympics will be broadcast in Canada in 22 languages.

Blogs Style columnist Kenya Hunt and the woes of packing for a blizzard-blanketed New York Fashion Week

Lotteries

6/49 13, 24, 30, 32, 37 & 48. Bonus 49

Ontario 49 4, 6, 8, 9, 10 & 30. Bonus 7

Ontario Pick 3 9 7 6; **Ontario Pick 4** 2 4 3 9

Encore 5404298

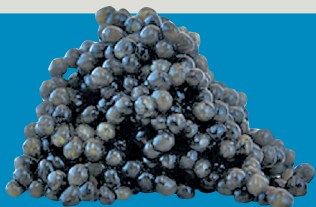
Daily Keno 6, 9, 12, 13, 15, 16, 17, 26, 29, 33, 35, 36, 39, 45, 46, 47, 48, 51, 55, 57.

These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Canada's veterans living in long-term care facilities will feel the love from across the country with the delivery of special valentines created by fellow Canadians. More than 20,000 valentines have been received by Veterans Affairs Canada for its annual Valentines for Vets program. **THE CANADIAN PRESS**

Canada



PETA picks on premier

People for the Ethical Treatment of Animals has sent Premier Danny Williams, who is recovering from heart surgery, a veggie alternative to seal meat. PETA called it "veggie kelp caviar, which has the salty flavour of seal meat but none of the harmful fat." The premier's office called it a "crass" attempt to build support for PETA's anti-seal-hunt cause. **THE CANADIAN PRESS**

U.S. retail giants shun the oilsands

Two large U.S. retailers have announced they won't buy fuel derived from Alberta's oilsands as part of their efforts to fight climate change.

Organic food store Whole Foods and home furnishings chain Bed, Bath and Beyond are believed to be the first major companies to tell their fuel suppliers they don't want gasoline or diesel refined from crude oil coming from the oilsands.

Refining the oil emits more carbon dioxide.

"We lead on issues," Whole Foods vice-president Michael Besancon said yesterday. "That's what we do and it's what's expected of us."

Whole Foods has 289 stores in three countries. Bed, Bath and Beyond has more than 1,000 stores in the U.S. and Canada.

Its new policy states it

m.metronews.ca



Faced by protests, Olympics organizers issue report claiming the most sustainable Games ever held. Scan this code for the story.

will prefer fuels with lower greenhouse gas emissions. "Of current and particular concern," says the policy, "are fuels produced by refineries taking feedstocks from the Canadian tarsands."

Andrew Frank of the environmental group Forest Ethics, which worked with the two firms to get them to make the move, said he expects more businesses to make similar moves. Any immediate impact on the amount of oilsands crude flowing to the U.S. will be less than minimal, however.

THE CANADIAN PRESS

It's not kid's stuff Flame's giant journey nears completion



Children cheer as the Olympic torch relay passes by in North Vancouver, B.C., yesterday. The Olympic flame is on a 106-day journey across Canada in the longest domestic torch relay in Olympic history. It will end with the lighting of the Olympic cauldron at the opening ceremonies for the Vancouver Winter Olympics tomorrow.

PM going for PR gold at Games

VANCOUVER 2010 Games

HAZARDS With the Games just a day away, Prime Minister Stephen Harper is preparing for an Olympic marathon — of speeches and photo ops.

Harper was here, there and everywhere in Vancouver yesterday, ending the day with a flag-raising at the athletes' village.

Today, he was scheduled to jump to Victoria for the first-ever speech by a PM to the B.C. legislature.

And the next evening, Harper will help officially



Stephen Harper: He's all over the place leading up to the Games.

open the Games at a glittering ceremony — kicking off 15 days of photo ops for politicians of all

stripes. "Faster, Stronger" may be the Olympic watchwords for the athletes. For politicians, it's all about what pollsters call the "euphoric bounce" — if the country feels good about the Winter Games, chances are they'll feel good about the politicians.

Pursuit of that bounce, however, can be as perilous as snowboarding at 70 kilometres an hour. Ask former sports minister Otto Jelinek about the 1988 Games in Calgary.

"The good thing about the '88 Winter Olympics

being over ... is that it means Sports Minister Otto Jelinek won't be turning up in our living rooms every half hour," wrote one journalist.

Jelinek might have been forgiven for exuberantly hoisting Elizabeth Manley aloft on national TV after she won a figure-skating silver medal. He was not.

Another journalist summed up the Calgary Games by describing Manley's performance as creating "yet another fawning attempt by Sports Minister Otto Jelinek to get his mug on camera."

THE CANADIAN PRESS

News in brief

AWARD Do you know someone who should get a Get There Award? Nominate an individual who goes beyond the call of duty to get to games, practices and competitions involving young athletes for a Goodyear Get There award.

The nomination form is at www.goodyear.ca. A panel of judges, headed by Olympic champion goaltender Sami Jo Small, will choose three winners, who will receive a set of premium tires. Contest closes March 5. **METRO NEWS SERVICES**

It's Over.

Time to break up for good.

LASIK MD

VISION

LASER VISION CORRECTION

Starting at **\$490** /eye*

ASK ABOUT OUR LOWEST PRICE GUARANTEE

FREE Consultation: 1-877-769-3030

www.lasikmd.com

OTTAWA: Chambers Building, 42 Elgin Street

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

Valentine's

just the two of us... this Sunday February 14th!



CALVIN KLEIN

Men's underwear &
women's intimates

Reg. \$14 - \$54

Sign-up for additional exclusive on-line offers.
thebay.com

the  ay

Saskatchewan Finance Minister Rod Ganteofer says he has been diagnosed with Parkinson's disease, but it won't keep him from doing his job. **THE CANADIAN PRESS**

Exports down drastically

First trade deficit in 30 years

Canada posted its worst trade performance in more than three decades last year as the global recession and a strong loonie hammered exports.

Statistics Canada reported yesterday that the country's merchandise trade deficit widened to \$246 million in December, bringing the shortfall for 2009 to \$4.8 billion.

That is the first annual trade deficit in the goods sector since 1975 and a total reversal of fortune from last year's \$47-billion surplus.

But there's light at the end of the tunnel, say economists, noting that exports increased for the fourth straight month, by 1.7 per cent, in December.

The recent uptick means trade will modestly contribute to gross domestic

product growth in the fourth quarter of 2009 after being a major drag throughout the year, economists said. "We're digging ourselves out of the hole, but it is a pretty big hole," said economist Peter Buchanan of CIBC World Markets.

Despite the fall increase, exports remain 27.5 per cent down from their peak in July 2008.

The December deficit was more than twice consensus expectations, but it was the kind of deficit that economists say bodes well for the economy.

The imbalance was not due to an outright export decline, which would indicate economic production had fallen off, but rather to a bigger-than-expected 1.8 per cent growth in imports.

THE CANADIAN PRESS

Trade down

\$4.8B Shortfall in 2009

\$47B Surplus in 2008

Online town hall All-ages event



Liberal Leader Michael Ignatieff, left, participates in an online town hall meeting with Liberal youth and multiculturalism critic Justin Trudeau in Mr. Ignatieff's office on Parliament Hill yesterday.

Obese woman wins human rights case

PARKING A morbidly obese Quebec woman with numerous health problems has won her legal fight for a better parking spot.

Not only has Marise Myrand won a parking upgrade outside her condominium, but her condo association has been slapped with a \$10,000 penalty by

the Quebec Human Rights Commission for refusing her request.

The 57-year-old resident of Ste-Marie, Que., weighs 389 pounds, suffers from diabetes, needs a wheelchair, and gets help breathing from an oxygen tank.

Myrand first approached her condo association in

the summer of 2005 to try to get a parking spot closer to the building's entrance.

The condo association refused, saying the spot was already in use by someone else. Myrand was able to prove that the woman who already had the spot was not disabled.

THE CANADIAN PRESS

CSIS: Keep Douglas file secret

INTELLIGENCE Canada's spy agency wants to block release of decades-old intelligence on socialist icon Tommy Douglas.

In an affidavit filed in Federal Court, the Canadian Security Intelligence Service argues full disclosure of the file could endanger the Shirley



lives of Douglas confidential informants and jeopardize the agency's ability to conduct secret surveillance.

The lawyer for The Canadian Press reporter who initiated the battle over disclosure said CSIS's argument would mean all intelligence files must remain secret in perpetuity. Douglas's daughter, actress Shirley Douglas, has also filed an affidavit supporting full disclosure.

THE CANADIAN PRESS



ELITE

GATINEAU

AT ELITE MAZDA, WHAT YOU SEE IS WHAT YOU "REALLY" PAY.

ADVERTISED PAYMENTS ALWAYS INCLUDE ALL TAXES.

0% PURCHASE FINANCING FOR UP TO 72 MONTHS.

PLUS, 1ST PAYMENT IN 90 DAYS!†

MAZDA3
2010 GX SEDAN

\$15,995
- \$2,000 REBATE
\$13,995
\$1,395 Freight and Pre-delivery.
\$15,390 + TAXES

\$105/ Bi-weekly

*96 month term with \$0 down payment, including Freight, PDE & all Taxes, at 5.5% APR. OAC

MAZDA3
2010 GX SPORT

\$16,995
REBATE - \$2,000
\$14,995
\$1,395 Freight and Pre-delivery.
\$16,390 + TAXES

\$112/ Bi-weekly

*96 month term with \$0 down payment, including Freight, PDE & all Taxes, at 5.5% APR. OAC

ELITE MAZDA HAS NO ADMIN. FEE, AND EVERY ELITE MAZDA IS DELIVERED WITH A FULL TANK OF GAS & FLOOR MATS.

2010 Mazda6

0% 60 mo.

\$2,000*

*Or receive cash purchase credit of

2010 B2300 SX

0% 72 mo.

\$2,500*

*Or receive cash purchase credit of

2010 Tribute

0% 48 mo.

\$3,000*

*Or receive cash purchase credit of

2010 CX-7

0% 48 mo.

\$2,500*

*Or receive cash purchase credit of

ASK ABOUT OUR SPECIAL OFFERS FOR EXISTING MAZDA CUSTOMER. GRADUATES GET AN ADDITIONAL CASH AWARD OF UP TO \$750 TOWARDS PURCHASE OR LEASE.

READY TO ROLL

MAZDA GRADUATE PROGRAM

\$750

†Applicable only when vehicle financed at regular interest rate or purchased in cash. 0% APR Purchase Financing is available on all new 2010 Mazda vehicles. Based on a representative agreement for financed amount of \$15,000, the cost of borrowing for a 60-month term contract is \$0, monthly payment is \$250.00 and total obligation is \$15,000. *No payments for 90 days applies to purchase finance offers on new 2010 Mazda models and applicable to finance contracts of up to 84 months only. Photos for illustration purpose only. Offers have no cash value and cannot be transferred, assigned or combined. Contact Elite Mazda for details and other specials including Grad Program. Offers end March 1, 2010.

ELITE MAZDA • 1205 BOUL. LA VÉRENDRYE WEST • GATINEAU

ELITEMAZDA.CA • 819.568.6000

"I'm so excited for WIND to come to Ottawa." - aaliyah

"WHEN WHEN WHEN????? when is the launch?????" - Faris

"Can't hardly wait to drop my current carrier!" - Malcolm L.

"Launch in Ottawa please?" - echoes368

Looks like we
aren't the only
ones chompin'
at the bit.



Hey. A better wireless experience is coming to Ottawa. So don't go locking into any contracts before you know what WIND has to offer.

WINDMobile.ca


WIND™

The Power of Conversation™

A Rio samba group says a Brazilian judge has ruled that a seven-year-old girl can parade as its drum corps Carnival queen — a role usually reserved for sultry models and actresses. Children's rights groups say it's too erotic for a young girl. **THE ASSOCIATED PRESS**

World



Kenya moves prey closer to lions

Kenyan authorities plan to restore the predator-prey balance in one of the country's premier game parks after a recent drought — by moving thousands of zebras and wildebeests closer to the lions. At the end of a three-week operation, the Kenya Wildlife Service aims to relocate 4,000 zebras from different parts of the country to Amboseli National Park. In March, after the wildebeests have finished giving birth, the service plans to move 3,000 of them to the same park. **THE ASSOCIATED PRESS**

Another snow dump for East Coast

A second blizzard in a week swept up the U.S. East Coast yesterday, dumping historic snowfalls that shut down U.S. government offices and the United Nations in New York and paralyzed airports.

The storm dumped more than 25 centimetres of snow on parts of the Washington area that already had been hit with about a metre of snow over the weekend. Nearby Baltimore reported record snowfall.

"It's hard to find anything in the history books of these types of storms back-to-back," said National Weather Service meteorologist Stephen Konarik.

The wind started blowing in gusts from 40 to 70 km/h in and around snowbound Washington. Driving conditions got so bad that offi-



Emily Tibbott skis past U.S. Capitol police officer Sean Whitehead as he stands guard on Capitol Hill in Washington yesterday. The second blizzard in a week struck the area yesterday.

cials in Washington and some nearby suburbs pulled plows off the roads.

New York, which avoided last week's blizzard, was not so lucky yesterday. The

National Weather Service issued blizzard warnings and predicted 25 to 40 cen-

timetres of snowfall. Airlines cancelled hundreds of flights, and the city's 1.1 million students enjoyed a snow day — the third in six years.

Snow was falling from northern Virginia to Connecticut by early yesterday after crawling out of the Midwest, where the storm was blamed for three traffic deaths in Michigan. In Chicago, a truck backed into and killed a 71-year-old woman.

About 230,000 federal workers in Washington have been off since Friday, when the first storm began. The U.S. House of Representatives announced it was scrapping the rest of its workweek. Several meetings in Congress and federal agencies were postponed.

THE ASSOCIATED PRESS

m.metronews.ca



Google announces plans for ultra-fast Internet networks for a handful of lucky communities. Scan this code for the story.

Taliban defences tested ahead of NATO manoeuvre

MARJAH U.S. Marines fired smoke rounds yesterday and armoured vehicles manoeuvred close to Taliban positions to test insurgent defences ahead of an anticipated attack on the biggest militant-controlled town in southern Afghanistan.

A NATO spokesman in Brussels called on Taliban militants holding Marjah to surrender. But a Taliban spokesman boasted that the militants were prepared to "sacrifice their lives" to defend the town against the biggest NATO-Afghan offensive of the eight-year war.

The date for the attack by thousands of Marines and Afghan soldiers has not been announced for security reasons. However, preparations have accelerated in recent days, and it appeared the assault would come soon.

THE ASSOCIATED PRESS

Orphanage director dies a hero saving kids from fire that killed 11

SOUTH AFRICA A South African orphanage director died a hero, rescuing nine children as their home burned, local media said yesterday.

The blaze early Tuesday killed Sarah Holland, the founder of the Hope of Christ Home in KwaZulu-Natal province, along with two adults and eight children between the ages of four and 15. Holland, known as Granny, gathered the children into the only room without burglar bars, according to one of the chil-

Hosted at home

• Sarah Holland had operated the orphanage in her home on a small farm. The fire killed three of her grandchildren.

dren. "Granny passed us all the little babies," Zanele Nkosi, 11, told The Times newspaper. "I gave the babies to my friend and we put them (on) one side and waited for others."

The cause of the blaze remained under investigation. **THE ASSOCIATED PRESS**

Strike brings Greece to a standstill

LABOUR A strike by civil servants shut schools and grounded flights across Greece yesterday, as unions challenged cuts aimed at ending a government debt crisis that has shaken the entire European Union.

Air traffic controllers, customs and tax officials, doctors and schoolteachers walked off the job for 24 hours to protest sweeping government spending cuts that will freeze salaries and new hiring, cut bonuses and stipends and increase the average retire-

Economic action on the way?

• Despite the strikes, markets reacted positively to indications that wealthy European countries are closer to rescuing Greece. Stocks in Europe rose yesterday for the second day on expectations of deci-

sive action to prevent a Greek debt default that could spread to other EU countries.

• European Union leaders are to discuss Greece's economic woes during a summit Thursday in Brussels.

ment age by to 63.

The strike left state hospitals working with emergency staff only and disrupted national rail travel, although urban mass transport was unaffected.

"It's a war against work-

ers and we will answer with war, with constant struggles until this policy is overturned," said Christos Katsiotis, a representative of a communist-party affiliated labour union.

THE ASSOCIATED PRESS

News in brief

BABIES A Texas man and his girlfriend were sentenced to nine years in prison for recruiting Mexican women to give birth in the U.S. and sell their babies to couples there, a judge said yesterday.

THE ASSOCIATED PRESS

TAKE A CLOSER LOOK AT ONTARIO'S NEW TAX PACKAGE

Personal income tax cuts came into effect January 1st

Visit ontario.ca/taxchange to see how the personal income tax changes affect you. And find out more about all of the tax changes including the harmonized sales tax (HST).

TIME FOR YOUR Gift

Last 6 Days!

Until February 16, 2010

Choose your skincare routine & your lipstick!

**A VALUE UP TO
\$198***

It's all yours, with any Lancôme purchase of \$34 or more**.

Also available online at
sears.ca

LANCÔME
PARIS

Youth is in
your genes.
Reactivate it.

THE NEXT GENERATION
OF EYE CARE

**GÉNIFIQUE EYE YOUTH
ACTIVATING EYE CONCENTRATE**

See visibly younger,
brighter eyes in just
7 days†.

\$80



Thurs., Feb. 11, 2010 only!

Receive a **\$10** Sears Gift Card

when you spend \$100 or more†† on Lancôme products. Gift card is redeemable on a future purchase

††Before taxes.

*Value based on Sears reg. price per mL/g. **Before taxes. One gift per customer, while supplies last. Cannot be combined with any other promotion. Components are subject to change.

†Based upon consumer evaluation in a clinical study, which also consists of expert evaluations.

NE022C210 © 2010, Sears Canada Inc.

Sears*



OFFICIAL VEHICLE



Silverado 1500



Corvette



Equinox



Malibu



Traverse



Camaro



Tahoe

EXCEPTIONAL QUALITY. OUTSTANDING VALUE.

Winning one Consumers Digest Best Buy Award is an honour. Winning seven is a testament to the exceptional quality and outstanding value our vehicles offer. Learn more about this award and our winning models at chevrolet.ca.



CHEVROLET

~~MAY~~ THE BEST CARS ~~WIN~~ **WON.**

world**11**

George W. Bush on a Minnesota billboard. The tagline: "Miss me yet?" **THE ASSOCIATED PRESS**



Fruit, water may have saved trapped man

Haiti Crisis

But then the patient became lucid enough to tell his tale Tuesday. And while his account has not been independently verified,

Death toll

- "Based on that (his story), we believe him," said Dr. Dushyantha Jayaweera, a physician at the Universi-

Ynclan said the rice vendor was in stable condition Tuesday and being treated for dehydration and malnutrition. He was nibbling on chocolate, she said.

THE ASSOCIATED PRESS

News in brief

DEATH A knife-wielding Palestinian police officer killed an Israeli soldier yesterday as he sat in a jeep stopped at a traffic light in the West Bank, the military said, in a rare case of violence recently in the territory.

THE ASSOCIATED PRESS

Helicopters ferry bodies from site of avalanches

The 3.5 miles of road that were subsumed in the avalanches have been cleared of snow, but are littered with abandoned or snow-

Bashary said late yesterday that the rescue was "95 per cent over," suggesting authorities did not expect further increases in the death toll.

THE ASSOCIATED PRESS

Comwave Knocks Out the Competition with Guaranteed Lowest Rates FOR LIFE!

**If you EVER Find a Lower Rate Simply
Call us and we'll Beat it... Guaranteed!**

UNLIMITED

Calling to

INDIA

(From Your Home or EVEN
from your CELL PHONE)

\$29.95
/month



CUBA 89.9 c/min

































INDIA  2.9 c/min



PAKISTAN  5.9 c/mi



PHILIPPINES  11.9 c/min

	Afghanistan.....24.9	¢		Fiji.....	24.9	¢	
	Bangladesh.....3.9	¢		Ghana.....	9.9	¢	
	Barbados.....	9.9	¢		Greece.....	2.9	¢
	Chile.....	2.9	¢		Guatemala....	10.9	¢
	China.....	2.9	¢		Guyana.....	27.9	¢
	Ecuador.....	12.9	¢		Honduras.....	15.9	¢
	El Salvador.	9.9	¢		Iraq.....from	4.9	¢
	Jamaica.....	8.9	¢		Israel.....	2.9	¢
	Jordan.....	3.9	¢		Italy.....	2.9	¢
	Kenya.....from	6.9	¢		Russia.....from	2.9	¢
	Kuwait.....	6.9	¢		Saudi Arabia...from	3.9	¢
	Lebanon.....	9.9	¢		South Korea..	2.9	¢
	Libya.....	24.9	¢		Sri Lanka.....	11.9	¢
	Nepal.....from	7.9	¢		Trinidad.....	4.9	¢
	Oman.....	14.9	¢		U.A.E.....	16.9	¢

If the Country you call is not listed, call now and we'll beat the rate you are currently paying.

UNLIMITED

Calling to Anywhere in

CANADA

*From your Home
or Cell Phone!*

\$5
/month

**Make Long Distance
and Overseas Calls
From Your
CELL PHONE!**

(at our **GUARANTEED
LOWEST RATES!**)



- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



comwave®
613-216-6100

comwave.net

While Commave strives for accuracy in our advertising, Commave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Commave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to our exclusive billing facility. 2.9 Cents per minute to India is based on a monthly plan of 150minutes for 335 minutes. Unlisted minutes do not roll over to the following month. Rate Guarantee is based on competitors lowest advertised rate for the same service. Unlimited India \$249.95 a month is based on a 1 year term where early cancellation fees apply (Monthly plan only: Commave will not make a \$349.95). There is a 30 day satisfaction period where you may cancel at any time. Unlisted Canada plan does not include calls to the U.S., Norway, or UNLTD.

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

The perfect wedding: No frills needed

Relating

Sofi Papamarko

metronews.ca/papamarko

I am fortunate enough to have many friends and an impossibly huge extended family. As a result, I have been to a LOT of weddings.

Every wedding I've at-

tended has been special in its own way. But some stand out more than others.

If there were Olympics-style scoring in place for weddings, they would be ranked using the following criteria:

1. Company
2. Emotion
3. Quality of food
4. Overall memorability
5. A distinct lack of "The Chicken Dance"

I went to a wedding that scored off the charts this past weekend. The best part

was that I didn't even know it was happening.

My dear friend Lindsay invited family and close friends to celebrate her boyfriend Lee's birthday at a French bistro. The couple are expecting a baby next month and were making a big deal out of this particular birthday because, in Lee's words, it would be the last time they'd ever be seen in public.

Before the main course, Lee stood up to make a speech. He thanked every-

one for coming and casually announced that he and Lindsay had gotten married earlier that day.

The birthday celebration suddenly became something else.

It's a wedding that I will remember much more vividly than all of the evenings featuring taffeta, extravagant floral arrangements, smoke machines and cheesy DJs playing Kool and the Gang.

Because, this low-key affair had everything that

makes a wedding great: The wine flowed. The food was gorgeous. The bride looked beautiful in a black maternity dress that she scored for 50 per cent off and a string of pearls with sentimental value. The speeches were tearful and sincere. And most importantly, the couple were surrounded by 25 people who love them.

Days later, I still well up whenever I think about it. It was perfectly imperfect. It was the best wedding I have ever attended and I will re-

member it for as long as I live.

Those of you planning weddings might fall into the trap of mistaking frills for needs. It's not a competition. It's about doing it in a way that makes you happy and reflects your personalities. Get married the way you want (if you choose to get married at all) and it can't be anything but wonderful.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Half-baked arguments derailing feminism

BroadMinded

Melinda Mattos

metronews.ca/broadminded

I was riding the streetcar this week when I heard a woman in her early 20s loudly declare to her friend that she hated feminists. Naturally, I yanked off my headphones to hear the rest. "Feminists ruined everything," she insisted. When her friend pushed her to elaborate, she answered simply, "They killed chivalry."

I rolled my eyes and

popped my headphones back on. But I couldn't help reflecting on all the unusual attacks I've heard directed at feminists recently.

First, there was the blogger in Quebec whose terrifying blog — which celebrates Marc Lépine, the man behind the Montreal Massacre, as a "folk hero" — got him arrested for threatening women. (He was denied bail last week, but his blog is still up and the trial is expected to continue this month.)

Then there was the National Post editorial — seemingly out of the stone age, but actually published just a few weeks ago — that blamed women's studies programs for "untold dam-

age to families, our court systems, labour laws, constitutional freedoms and even the ordinary relations between men and women."

When compared to these two examples, the chivalry comment seems innocuous enough, and yet it offers a similarly half-baked argument. I didn't get involved in the conversation, but if I had, my irritated, I-haven't-had-my-coffee-yet-so-please-stop-your-nonsense-right-now reply would've sounded something like this:

Never mind the fact feminism won you your right to vote, your ability to get a mortgage without a husband co-signing and a hope in hell of maybe (and it's still a big maybe) making the

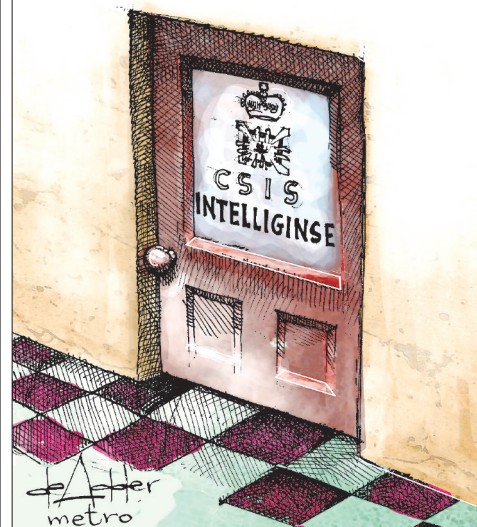
same salary a man makes — you're ticked off because it's reduced the number of old-school Prince Charmings in the world? Really?

The Oxford English Dictionary defines chivalry as "a man's courteous behaviour, esp. towards women."

There's nothing wrong with wanting to live in a world filled with men who are courageous, courteous and motivated by a sense of justice and honour. But don't you also want to live in a world where women are free to be the exact same things?

Melinda Mattos is a Toronto-based writer, editor and co-founder of feminist teen magazine Shameless. Visit www.shamelessmag.com

CSIS BLOCKS THE RELEASE OF ITS FILES ON TOMMY DOUGLAS.



Tell us your views by email to ottawaleaders@metronews.ca or comment on metronews.ca or on Twitter @metroottawa

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Ottawa 130 Slater Street, Suite 300, Ottawa, ON K1P 6E2; Tel: 613-236-5058 • 1-888-916-3876; Fax: 1-866-253-2024; Advertising: 613-236-5058 • adinfoottawa@metronews.ca; ottawa_distribution@metronews.ca

le café



Join us for Valentine's Day

February 12-14

40 years
NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

53 Elgin Street | 613.232.5713 | www.lecafe.ca



Canadian | Global | Cuisine
Cuisine | canadienne | internationale

clinique skincare Clarifying Lotion

Exfoliate for an instant difference in your skin. One of Clinique's Clarifying Lotions is your key to great skin. Our guiding dermatologists believe in the skin-transforming power of exfoliation. They developed this twice-daily exfoliator in a range of strengths so all skins could benefit. Your Clarifying Lotion can whisk away dulling flakes, soften fine lines, refine pores, control oil - whatever your skin needs to become clear, smooth, radiant. Make it part of our 3-Step Skin Care System of cleanse, exfoliate, moisturize and great skin is yours.



Buy one step, try the other two free*.

Get customized 10-day supplies to complete your 3-Step System when you buy any step.

3-Step Skin Care System:

Facial Soap, Liquid, 200 ml, \$20.00; or Bar, 150 g, \$15.00.

Clarifying Lotion, 200 ml, \$14.50; 400 ml, \$24.50.

Dramatically Different Moisturizing Lotion or Gel, 50 ml, \$15.00; 125 ml, \$31.00.

*One to a client, please. While supplies last.

CLINIQUE

Allergy Tested. 100% Fragrance Free.



Purchase \$30 or more** of Clinique products and





receive a \$15 cash card

redeemable on your next Women's Intimate Apparel purchase of \$75 or more.**

**Before taxes. Cash card must accompany any returns.
Offer valid Feb. 13 to Feb. 22, 2010. Cash Card redeemable
Feb. 13 to March 14, 2010.

Sears*

Business

DOLLAR	N.GAS	OIL	TSX
 US 94.07¢ US 0.43¢	 US \$5.351 US 6.1¢	 US \$74.52 US 77¢	 11,286.33 12.09

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Transcon. backs away from U.S.

PUBLISHING Printing company Transcontinental Inc. is dramatically reducing its U.S. presence after agreeing to sell its American direct mail operations to IWCO Direct of Minnesota for an undisclosed price.

The Montreal-based company said it decided to exit the troubled U.S. business after 12 years to focus on its core printing, publishing and media operations which are located primarily in Canada. Transcontinental CEO Francois Olivier said the company acted because it didn't want to lead this industry's much-needed consolidation.

The cash sale is expected to close in April. Proceeds will be used mainly to pay down debt.

THE CANADIAN PRESS

Air Canada loses \$56M in Q4, far less than in '08

\$727M

In the fourth quarter of 2008, the Montreal-based airline firm had a net loss of \$727 million, including \$527 million in foreign exchange losses.

AVIATION Air Canada beat expectations yesterday by reporting that it lost \$56 million in the fourth quarter, a dramatic improvement from the same period in 2008.

The quarterly loss at Canada's largest airline would have been even bigger if not for \$108 million in gains on foreign exchange.

The latest quarterly net loss amounted to 25 cents per diluted share, compared with a loss of \$7.27 per share in the fourth quarter of 2008.

Operating revenues dropped by \$150 million to \$2.35 billion from nearly \$2.5 billion in the same quarter of 2008.

Analysts had expected a loss of 69 cents on \$2.3 billion of revenue.

Revenue fell for a number of reasons, including less passenger travel because of the weak economy, greater fare discounting and reduced fuel surcharges.

"Over the past year we have overcome tremendous challenges to begin 2010 with satisfactory liquidity, reduced unit costs and measurable customer satisfaction improvements," said president and CEO Calin Rovinescu.

THE CANADIAN PRESS

Honda recall rises over faulty airbags

Hundreds of thousands of cars need to be fixed

Honda Motor Co. is adding 437,000 vehicles to its 15-month-old global recall for faulty airbags in the latest quality problem to hit a Japanese automaker.

The company will replace the driver's side air bag inflator in the cars because they can deploy with too much pressure, causing the inflator to rupture and injure or kill the driver.

Japan's No. 2 automaker originally announced the recall to the U.S. National Highway Traffic Safety Administration in November 2008 and the total of number vehicles recalled since then is approaching one million. The latest expansion of the recall includes 378,000 cars in the U.S., some 41,000 cars in Canada and 17,000 cars in Japan, Australia and elsewhere in Asia. The North American recall was announced Tuesday and followed yesterday by the recall in Asia.

Honda's announcement comes at a time of increased attention on automotive recalls. Though the problems are unrelated, rival Toyota Motor Corp. is in the process of recalling more than eight million cars and trucks due to faulty gas pedals. On Tuesday, Toyota said it would recall more than 440,000 of its flagship 2010 Prius and other hybrids due to a braking glitch.

"There is a heightened



Honda Motor Co. said yesterday that it is adding 17,000 more cars in Japan and elsewhere to an existing global recall for faulty airbags, bringing the latest round of recalls to 437,000.

sensitivity right now to anything to do with recalls," said John Mendel, executive vice-president of sales for American Honda.

One analyst suggested that Toyota's woes may have lowered the bar for recalls, prompting automakers to announce full-fledged recalls for problems that would normally be handled during regular car inspections or service campaigns.

calling in cars at the owner's convenience.

"With Toyota's big problems, Honda realized it couldn't avoid a recall in these other models," said Toshiro Yoshinaga, an analyst at Aizawa Securities in Tokyo. "Given all the negative publicity surrounding Toyota, they probably thought they just needed to step out and do a recall."

THE ASSOCIATED PRESS

Ontario drug company posts first-ever profit

REVENUES Bioniche Life Sciences Inc. recorded its first-ever quarterly profit at the end of 2009, boosted by revenues from a licensing agreement with an American firm.

The biopharmaceutical company said yesterday its net and comprehensive income totalled \$2.7 million or four cents a share in the second quarter ended Dec. 31. That reversed year-earlier loss of \$2.4 million. Revenues jumped 61 per cent to \$13.8 million from \$8.6

million.

"This was a very positive quarter for the company, the first one in its history to show a profit," stated chairman, president and chief executive Graeme McRae.

The Belleville, Ont.-company said it received a \$6 million US payment from Endo Pharmaceuticals Inc. as part of its multimillion-dollar deal to sell the exclusive right to develop and market its bladder cancer drug Urocidin in the United States.

THE CANADIAN PRESS

Business in brief

INTERNET Google Inc. plans to build a handful of experimental, ultra-fast Internet networks in the U.S. to ensure that tomorrow's systems can keep up with online video and other advanced applications that the search company will want to deliver.

THE ASSOCIATED PRESS

m.metronews.ca



U.S. Fed chairman Ben Bernanke unveils inflation-fighting plan to reel in stimulus cash flooding the economy. Scan this code for the story.

RASSEMBLEMENT SUR LA COLLINE PARLEMENTAIRE



Please join the Haitian community in honouring the memory of the victims of the recent earthquake which occurred in Haiti.

Joignez-vous à la communauté Haïtienne afin d'honorer la mémoire des victimes du récent séisme qui a secoué Haïti.

SUNDAY, FEBRUARY 21, 2010

Parliament Hill / Colline du Parlement

Wellington Street, Ottawa

5:00PM - 7:00PM

Info: 613-292-0483, 613-552-2356, or 613-852-1088
www.sakpaseottawa.com





What are the Best New Product Awards?

The Best New Product Awards, now in its 7th year, is the only competition judged by 25,000 Canadian consumers coast to coast. With over 100 new products entered in the categories of Food, Personal Care and Household, the winners make for one great shopping list. For a complete list of winners, and the chance to win a shopping spree, please visit www.metronews.ca/bnpa.

PRESENTED BY



METRO CUSTOM PUBLISHING FEATURE



DR. OETKER RISTORANTE THIN CRUST PIZZA

Ristorante, the #1 brand in thin crust frozen pizza, has added a new award-winning variety to the lineup: New Formaggi & Pomodori. This delicious pizza combines unique toppings of Mozzarella, edam & goat cheeses, sweet cherry & sundried tomatoes, and an herbed pesto sauce. Dr. Oetker Ristorante - Real Italian Restaurant Taste.

ULTRA PALMOLIVE® PURE + CLEAR™

New Ultra Palmolive® pure + clear™ is a great choice for you and your family. You'll love it for everything it doesn't have: no unnecessary chemicals. No heavy fragrances. Non-irritating dyes. Its phosphate-free formula contains biodegradable cleaning ingredients that attack grease, yet easily rinse off dishes, leaving no harmful residue. It's hypoallergenic and its bottle is made of minimum 25% post-consumer recycled plastic.

*TM Reg'd/M.D.



HEALTHY CHOICE® GOURMET STEAMERS™

Healthy Choice® Gourmet Steamers™ are the first line of frozen entrees that incorporate microwave steaming technology, using a patented microwave DuoTray Steam Cooker™. Steam from the sauce circulates throughout the meal to ensure natural fresh flavours, tender meats and crisp vegetables in less than 5 minutes. For more information, visit steamisgood.ca.



METRO CUSTOM PUBLISHING FEATURE



SUNLIGHT GREEN CLEAN

Canadian consumers voted Sunlight Green Clean the Best New Laundry Detergent of 2010**. No wonder – it removes tough mud stains better than Tide Total Care†. Plus its super-concentrated biodegradable formula* includes plant-based ingredients, works in cold water, so you don't have to choose between green and clean.

**Based on BrandSpark International's national survey among 25,000 Canadian consumers. Visit bestnewproducts.biz to find out more.

*Formula biodegradable after 28 days using test method OECD301D

†Based on tough set-in mud stains on 100% cotton washed at 15°C. The Best New Product Awards logo is a trademark of BrandSpark International, used under license.



NAIR™ SHOWER POWER SENSITIVE FORMULA

Nair™ Shower Power™ is an advanced water-resistant hair removal cream for legs and body. It works while you shower, staying on till you sponge hair away. This award-winning cream is formulated with gentle skin conditioners using moisturizing mineral and sunflower oil for your sensitive skin. It includes an easy, mess-free sponge applicator for smoothness that lasts days longer than shaving. Nair™ Shower Power™ – for a razor-free generation!



PRONAMEL® GENTLE WHITENING

New ProNamel Gentle Whitening is a daily anti-cavity toothpaste that is specifically formulated to help protect teeth from acid wear. ProNamel Gentle Whitening helps reharden and remineralize acid-softened enamel, making it stronger and more resistant to future acid attacks. Unlike many other whitening toothpastes, ProNamel Gentle Whitening is effective without using harsh abrasives, and gently yet effectively removes stains to restore teeth to their natural whiteness.



DOVE GO FRESH BODY MIST

Go fresh from head to toe and enjoy a burst of long-lasting freshness anytime, anywhere. Use with Dove Go Fresh anti-perspirant for all-over freshness.

ET AWARD WINNERS



WHISKAS® TREATS

Now you can reward your cat with tantalizing treats that support their good health! New Whiskas® Treats in three delicious varieties can help maintain joint health and mobility, build healthy teeth and gums, help minimize hairballs and help manage litter box odour. Try these delicious new ways to show your love and help support their good health. They will love you even more with each delectable crunch. Enjoy the satisfaction of giving your adult cat 100% complete and balanced treats for his nutritional needs that taste great too. Feel free to alternate among the three different treats, depending on your cat's needs. You'll feel even better knowing that on average they're just two calories each!



TROJAN® NAKED SENSATIONS

TROJAN® Naked Sensations Ultra Ribbed™ condoms feature a revolutionary new design that lets you feel the pleasure, not the condom. Deep ribs at the base and end increase stimulation, while Ultrasmooth™ Premium Lubricant inside and out and a comfort shape allow for a more natural experience and freedom of movement. Trojan Naked Sensations – Just Feel the Pleasure!



**ENTER FOR YOUR CHANCE
TO WIN A BEST NEW
PRODUCT AWARD WINNERS
SHOPPING SPREE!**

Visit
METRONEWS.CA/BNPA

**While you're there, check out
some of 2010's Best New Product
Award winners including:**



No purchase necessary. 3 contestants chosen in each city: 1 grand prize winner & 2 runners up. Grand prize is valued at \$500 including a Best New Products gift pack Rexall Gift Card. Contest closes Friday, March 12, 2010. For complete contest details, rules and regulations visit metronews.ca/bnpa.

WHAT DID CONSUMERS VOTE FOR?

metro

18

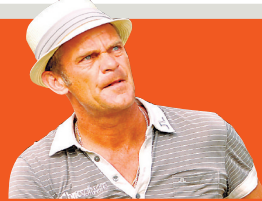
metronews.ca

Thursday, February 11, 2010

Rangers leading scorer Marian Gaborik missed New York's game against Nashville last night because of a cut on his right leg caused by the skate of teammate Henrik Lundqvist one day earlier in practice. Gaborik, who has a team-high 35 goals and 69 points, was ruled out by Rangers coach John Tortorella about two hours before game time. **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Parnevik fears career is over

Jesper Parnevik, left, says he will likely have to quit golf because of a broken vertebrae in his lower back. Parnevik, a five-time winner on the PGA Tour, told Swedish tabloid Aftonbladet that doctors say he needs to undergo joint fusion surgery, "which means I can't play anymore."

THE ASSOCIATED PRESS

Sens face Caps in battle of the streakers

When examined closely, the winning streaks of Ottawa and Washington are revealing

TheHockeyNews



Who would have thought before the season began that tonight's game between the Ottawa Senators and Washington Capitals would be between the two hottest teams in the NHL?

But that's the case, with the Senators charged with the duty of trying to stop

what seems like an unstoppable train in the Capitals, who went into last night's game against the Montreal Canadiens winners of 14 games in a row, which was three short of the all-time NHL record.

(It should be noted, though, that the Pittsburgh Penguins won 17 in a row in 1992-93 without the benefit of the shootout, while the first game of the Capitals' streak was won in a shootout. So for the hockey purists, going into last night's game, the Capitals had 13 in a row if you put them on equal ground with the Penguins.)

The Senators, of course, are no slouches them-

"It could be argued the Senators have faced far stiffer competition in their recent red-hot run than have the Capitals."

selves, having won 12 of their past 13 games and cementing their status as a legitimate playoff contender in the Eastern Conference.

Going into last night's game, the Capitals had won 17 of their past 18, including a 5-2 win over the Senators more than a month ago, but it could be argued the Senators have faced far stiffer competition in their recent red-hot run than have the Capitals. Of the 12 wins the Sena-

tors have racked up during their past 13 games, eight of them have come against teams that are currently in a playoff spot — they've beaten Montreal twice and have also triumphed over Chicago, New Jersey, Pittsburgh and Buffalo in the Eastern Conference and Calgary and Vancouver in the West.

The Capitals meanwhile, have feasted on far more feeble opponents lately. Of their 14 straight wins going into last night's game,

the Capitals had played just four teams that would be playoff bound if the season were to end today — two wins over Pittsburgh and one each over Philadelphia and Tampa Bay.

The Senators certainly don't have the star power the Capitals possess, but they do have one common trait. Both teams are well-coached by hard-working guys who came up through the minors and have had the kind of success that has supplied all those coaching in the minors with the hope they might one day get the call instead of standing by while NHL teams recycle former coaches.

m.metronews.ca



Scan this barcode for the most recent Sports updates on your smartphone. Learn how to scan the barcode with the instructions at the top of pg 3

Both teams face a stiff challenge in this game. A preview of the Eastern Conference final, perhaps? Far too early to tell, but the way they've been playing lately, the prospect is a tantalizing one.

The Hockey News
thn.com

Favre being lobbied by Vikings fans

NFL Last summer, coaches and players lobbied Brett Favre to join the Minnesota Vikings through text messages, phone calls and in-person visits.

This year, the public has started the persuasion process for them.

Driven to show their appreciation for Favre's storied first season with Minnesota, a group of Vikings fans has taken out advertising space on a digital billboard near the 40-year-old quarterback's home in Hattiesburg, Miss.

"Hey No. 4, do Minnesota fans love you and want you back next year? You Brettchal!" the message reads.

The ad came from a Facebook group that has grown to more than 122,000 people as of yesterday.

THE ASSOCIATED PRESS

Ovie's Olympic trash talk has begun: Teammates

LOCKER ROOM TALK With only a few days to go before the start of the Olympic hockey tournament, Russia's Alexander Ovechkin says he's not thinking about it yet. Nor has he begun engaging in some friendly trash talking with his Swedish, Czech, Canadian or American teammates on the Washington Capitals, he claims.

"No, not yet," Ovechkin said yesterday prior to the Capitals game against the Montreal Canadiens. "After (our last) couple of games, (then) we're going to talk about it."

But Ovechkin's friend, linemate and Olympic rival Nicklas Backstrom of Sweden tells a different story.

"There's a bit of trash talk going on," Backstrom said. "But nothing that big."

Ovechkin will be joined on the Russian team in Vancouver by his Capitals teammates Alexander Semin and Semyon Varlamov, with Backstrom and Tomas Fleischmann of the Czech Republic rounding out Washington's list of five Olympians.

But even though Ovechkin insisted he wasn't doing any trash talking, he betrayed his own words only a few minutes after saying them.

When asked about the 14-game win streak the



Capitals superstar Alexander Ovechkin will be one of the leaders of Russia's Olympic hockey squad.

Capitals were riding into Montreal and whether he had ever been on a similar run at any other level of hockey, Ovechkin didn't have to think very long to come up with a snarky answer.

"World championships, probably, when we beat Canada," he said with a big, gap-toothed smile going from ear to ear, before adding, "in the final."

That would be the 2008 world championships in Quebec City, when Ovechkin had 12 points in nine games to help Russia

take the gold medal with a 5-4 overtime win over Canada in the final.

Ovechkin famously dug out the "lucky loonie" from centre ice after the game and gave it to Russian teammate Ilya Nikulin, who cut it in two and made two necklaces out of the souvenir.

Capitals defenceman Mike Green, who was on the losing Canadian team in that game, says Ovechkin's jewellery still makes an appearance from time to time.

"He rubs it in our face

and says that he's coming and this and that," Green said with a shrug. "Whatever."

Green says Ovechkin is probably the team's biggest pre-Olympic trash-talker, in spite of what No. 8 himself claims.

Green would love to get a chance to steal that half loonie away from his tormentor, but the opportunity simply hasn't come up.

"He keeps it close to him," Green said, "so I can't get at it."

THE CANADIAN PRESS

Sports in brief

BASEBALL A source requesting anonymity says the Atlanta Braves have made an offer to free agent outfielder Johnny Damon. Atlanta's offer is believed to be for one year and include deferred money. Damon's agent, Scott Boras, has said he is seeking at least a two-year deal.

SOCCER Chelsea crashed to a 2-1 loss at Everton yesterday and saw its Premier League lead trimmed to a point by Manchester United, which drew 1-1 with Aston Villa. Arsenal closed the gap on Chelsea to seven points as Abou Diaby's second-half strike clinched a 1-0 victory over Liverpool.

CFL Andre Talbot and fellow Canadian receiver Brad Smith were traded by the Toronto Argonauts to Edmonton Eskimos yesterday for import defensive tackle Eric Taylor and a conditional pick in the 2011 draft.

METRO NEWS SERVICES

SCOREBOARD

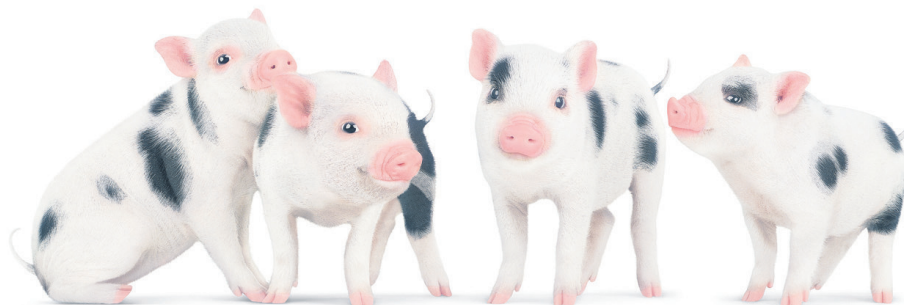
NHL

YESTERDAY'S RESULTS
Montreal 6 Washington 5 (OT)
Columbus 3 San Jose 0
Nashville 2 NY Rangers 1
Philadelphia 3 New Jersey 2 (OT)
Pittsburgh 3 NY Islanders 1
Phoenix at Minnesota
Atlanta at Colorado
Edmonton at Anaheim

NBA

YESTERDAY'S RESULTS
Toronto 104 Philadelphia 93
Miami 94 Atlanta 75
Milwaukee 97 New Jersey 77
Sacramento 103 Detroit 97
Orlando at Chicago
Charlotte at Minnesota
Boston at New Orleans
Portland at Phoenix
L.A. Lakers at Utah
L.A. Clippers at Golden State

Social butterflies rejoice, with BlackBerry phones from \$0.



Tell everyone about the TELUS BlackBerry® phone sale
and the Social Networking Plan.



BlackBerry® Pearl™ Flip 8230
Also available in black.

\$0¹ | \$409.99
3 year term | No term
SAVE \$409.99



NEW BlackBerry® Curve™ 8530
Red and silver, only from TELUS.

\$24.99¹ | \$349.99
3 year term | No term
SAVE \$325



BlackBerry® Bold™ 9700

\$149.99¹ | \$649.99
3 year term | No term
SAVE \$500

BlackBerry® Social Plan²
\$40/month³

- Unlimited Facebook®, MySpace®, IM⁴ and text messaging⁵
- Up to 100 + 50 BONUS local anytime minutes⁶
- Unlimited local night and weekend calling (9pm)
- Choose to double your minutes or add unlimited nationwide talk & text⁶ to your 5 favourite numbers⁷

No system
access fee

telusmobility.com

TELUS
the future is friendly

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP

TELUS STORES & AUTHORIZED DEALERS

Ottawa
Ottawa Office Tower
Bayshore Shopping Centre
Billings Bridge Shopping Centre
Carleton Place (525 McNeely Ave.)

Carlingwood Shopping Centre
Chapman Mills Marketplace
Rideau Shopping Centre
St. Laurent Shopping Centre
10 - 100 Trainyards, Bldg. C

2950 Bank St.
1568 Merivale Rd.
530 Montreal Rd.
1200 Prince of Wales Dr.
118 Holland Ave.
424 Catherine St.

Brockville
2211 Parkdale Ave.
Cornwall
Cornwall Square
2130 Vincent Massey Dr.

Hawkesbury
321 Main St. E
Kanata
Kanata Centrum Walk

Kingston
Cataract Town Centre
646 Norris Crt.
764 Gardiners Rd.
131 Princess St.

Nepean
129 RioCan Ave.
39 Robertson Rd.
Orléans
Place d'Orléans

2 - 4312 Innes Rd.
2062 St-Joseph Blvd.
Pembroke
Pembroke Mall

Perth
106 Gore St. E
Stittsville
1300 Main St.



Offers available until March 1, 2010, unless otherwise stated. Phone availability and prices may vary. Prices are subject to change without notice. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. (1) Available to new activations or renewals on a 3 year term with a smartphone voice and data rate plan of \$50 or greater, or on a BlackBerry Social or BlackBerry Email & IM rate plan. (2) Does not include: access to the Internet, including, without limitation, through the TELUS WAP gateway, the ability to send or receive email; or access to any other social networking service or instant messaging service, including, without limitation, to any web-based version of the included social networking services or instant messaging services. This package cannot be combined with any other data plan and is only available for BlackBerry smartphones. (3) Taxes, long distance, additional roaming and pay-per-use charges are extra per member. Plus the applicable municipal tax for 911 in Quebec (40¢). (4) Unlimited instant messaging available on BlackBerry Messenger and Windows Live Messenger only. (5) Premium messages are not included. An additional 10¢ charge will apply for each text message or attachment sent outside of Canada and the U.S. Text messages sent or received while roaming internationally will be charged at 60¢/message. Video and picture messaging are only available in PCS and 1X digital coverage areas. Clients with non-capable phones will receive a text message that includes a web address where they can view the picture or video. Multimedia messaging used while outside of Canada is charged as data roaming. (6) BONUS minute offer is available on a 1, 2 or 3 year service agreement. BONUS minutes are not doubled when the client chooses double anytime minutes feature. (7) Your five numbers must be Canadian domestic numbers and must not include your own TELUS mobile phone number, your voice mail retrieval number, toll-free or 900 numbers. Nationwide talk & text refers to local and Canadian long distance calls made to or received from your mobile phone and are subject to additional roaming and/or international charges. Text messages can only be sent and received from other mobile phones and are subject to roaming and international charges. Selected picture and video messaging capable phones are required. You may change the five numbers once per billing cycle by visiting telusmobility.com. Data used while roaming in the U.S. is charged at \$3/MB, billed in increments of 1 KB per session. Data used while roaming outside Canada and the U.S. is charged at \$25/MB, billed in increments of 20 KB per session. Any usage incurred through a laptop/computer will be charged at \$8/MB. Additional voice roaming charges may apply outside Canada. Video telephony calls are charged at 35¢/minute, available on select devices. Additional fees may apply for servicing operations, such as phone swaps or reprogramming on existing accounts. Directory Assistance 411 charge: \$2. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. BlackBerry, RIM, Research In Motion and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Facebook is a registered trademark of Facebook, Inc. MySpace is a trademark of News Corporation. © 2010 TELUS.

Jeff Carter will take Ryan Getzlaf's spot on Team Canada if the Anaheim Ducks centre is unable to play because of injury, a source told The Canadian Press yesterday. **THE CANADIAN PRESS**

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Injury may keep Vonn out of Games

SKIING Lindsey Vonn is worried a badly bruised right shin will keep her out of the Vancouver Olympics, a startling announcement so close to the start of an event shaping up as a showcase for the U.S. skiing star.

Vonn revealed yesterday that she was injured in a slalom training run Feb. 2 during a pre-Olympic practice in Austria. It was her first trip down the slopes of what was supposed to be three days of practice.

"I'm sitting here today questioning whether, you know, I'll be even able to ski," Vonn said at a news conference. "I have to play it by ear."

As a two-time reigning overall World Cup champion, the 25-year-old who lives

and trains in Vail, Colo., has been considered a contender to win multiple medals.

Asked whether she could be forced to sit out altogether, Vonn replied: "Yeah, that's a possibility."

She hasn't skied since getting hurt and said it's even been painful to simply put on a pair of ski boots in her hotel room to test the leg. Vonn said the bruising covers about a 15-centimetre swath of her lower right leg — starting from where the top of a boot rests against her body — but she refused to get any X-rays to check whether she broke a bone because she didn't want to know.



Lindsey Vonn

"It's probably the worst place that you can have an injury, because you're constantly pushing against your boot, and there's no way around it," Vonn said.

She described her mindset as "very emotional, very scared. Not the positive way you want to be starting the Olympics."

The first women's alpine race is the super-combined on Sunday. Vonn said she figures she will know a lot more about her status for the Olympics once she takes a run down the slope at Whistler Mountain. The first official training run for women is today.

THE ASSOCIATED PRESS

Vancouver Games in brief

ALLEGATION Canadian Jeff Pain says his German skeleton competitors are illegally attaching magnets to their sleds to propel them faster down the course. "I don't know 100 per cent how they use it. My belief is they're creating a magnetic field that provides dampening (or) shock-absorbing," the 39-year-old Calgary slider, a two-time Olympian, told a news conference yesterday. The FIBT, the sport's governing body, said none of the German

sleds have flunked race specifications this World Cup season. A German team official wasn't immediately available for comment, but earlier this season, team coach Raimund Bethge denied allegations of cheating.

WEATHER A training run for this weekend's Olympic men's downhill has been scrubbed for the day due to weather issues. Only 42 racers made it down the Dave Murray Downhill Course in Whistler before

fog forced organizers to delay the session. An official training session requires all 87 skiers to complete the course.

IOC FINANCES The International Olympic Committee's finances are on the upswing despite the global economic troubles. IOC president Jacques Rogge says the committee's financial reserves stood at \$466 million US at the end of 2009, up from \$422 million the previous year.

THE CANADIAN PRESS



Charles Hamelin, left, moves up on Apolo Anton Ohno during the final of the men's 1,000-metre event at the short-track speedskating ISU World Cup in Montreal on Nov. 8.

Showdown on the short track

Ohno stands between Hamelin and gold

Bring up the name of celebrity skater Apolo Anton Ohno with members of Canada's short-track speedskating team and they will provide no shortage of opinions.

This is clearly someone they've spent time thinking about.

Ohno, who goes into the Vancouver Games threatening to become the most decorated American Winter Olympian in history, will be competing directly with Canadian star Charles Hamelin for medals.

That makes for a spirit of grudging respect and subtle hostility towards Ohno, a five-time Olympic medalist with a Hollywood attitude, in the Canadian camp.

"He's all right, he's been better," Canadian speedskater Olivier Jean said nonchalantly.

"He's a skater who really knows the game and is always well placed and has excellent strategies, with a lot of experience, but he's not as dominant physically now compared with the other athletes."

Ohno and Hamelin are rivals, but the two couldn't be more different — at least on the surface.

"Charles is less of a showman, less pretentious, less arrogant," said medal favourite Kalyna Roberge of her teammate.

Ohno is competing at his third Games at age 27. He

On the web
Learn more about Charles Hamelin in an interactive profile at metronews.ca/olympics

is one of the best-known amateur athletes in the world, an entertainer whose hip-hop freestyle and paso doble famously took him to the top on the TV show *Dancing with the Stars*. Requests for interviews with Ohno must go through his agent, rather than US Speedskating.

Hamelin, 25, has become a star in his native Quebec, but remains slightly shy and intensely focused. After Hamelin and his teammates were eclipsed by Ohno's star power at a 2008 world cup competition in Vancouver, they've worked on raising the profile of the Canadian athletes in time for the Games, where many fans from Ohno's hometown of Seattle will be in attendance.

"(Charles) is more discreet, more Quebecois," team leader Yves Hamelin said of his son. "It's harder for him to play a role. He's very available, he's going to give back a lot to the sport, and as much to the media as to his sponsors."

But Hamelin is a rookie compared to Ohno in the world of self-promotion.

Ohno has done photo

shoots with Vogue and Cosmopolitan, and appeared in a high-profile Gap campaign with his signature bandana and soul patch. His website includes a chance to win an "autograph prize pack."

On Twitter, Ohno boasts daily about his level of preparation for Vancouver: "In the zone!!! I live in it! Do you?" or "Body felt strong in the weight room...cooling dn now. Perhaps I'll do a 4th 2nite...just 2 make sure I'm alive."

Hamelin tweets irregularly — and more like a regular guy. Two recent tweets complained about missing girlfriend and teammate Marianne St-Gelais: "Marianne gone to visit family during these few days off, it's not as fun alone at home!"

St-Gelais said the two skaters don't really like each other, and there's definitely a U.S.-versus-Canada element to it.

"Charles does his thing, he's in his bubble, he's nice on the ice. He respects the people who are there, even the people who aren't as strong, he respects them just the same," St-Gelais said.

"Apolo, I find less of that. He's experienced, he knows he's good, so I find he does things that are a little more last minute, because he knows he can do them." **THE CANADIAN PRESS**

Which one is the drywall hammer?



If you know, we'd like to talk to you.
If you don't, we'd like to teach you.

If you have a passion for learning and helping others, The Home Depot could be your answer. As the leading home improvement retailer in Canada, our business thrives on the enthusiasm and skills of each of our associates. For you, that means you'll get the training and hands-on experience you need to learn, grow and succeed.

Please join us at the **Nepean Home Depot (1900 Baseline Rd., Ottawa)** for a job fair to learn more about our current opportunities on the following dates:

February 13 • 8 am to 4 pm
February 14 • 9 am to 4 pm

Applicants are encouraged to apply online at homedepotjobs.ca/0751 prior to the career fair and bring two pieces of identification and references.

We are committed to diversity as an equal opportunity employer.

A. The one on the right.



Say it with soap

This Heart-Shaped Glycerine Soap, \$5 for 100 g, features an Apple Illusion fragrance. Available at Fruits & Passion boutiques across Canada and at fruits-passion.com. **METRO NEWS SERVICES**

Valentine's Day

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Treats for your sweet

Love Hearts pendant necklace in pink, \$140, by Swarovski. Available at Swarovski Gallery stores across Canada.



GUESS Watch, \$140. Available at the Bay, Sears, independent retailers and GUESS stores across Canada.



TIMEX Women's Dress Chronograph Watch, \$175. Available at the Bay, Sears, and other fine retailers. Go to timex.ca for more.



True Love Gift, \$44.95, by Lush. Includes Yummy Yummy Yummy Shower Gel and Sex Bomb Bath Bomb. For more, go to lush.ca or call 1-888-733-5874.

GIFTS FOR HIM

These fun boxer shorts are sure to be a hit. "Hello My Name is Mr. Right," top right, is \$10 for a pack of two at Walmart. The Hershey's Kisses boxers, left, are \$9.97 at Zellers.



La Senza microfibre babydoll with garters and bikini panty, \$49.50, and **La Senza panties, top right, \$12.50 each or three for \$30.** For more, go to lasenza.ca.



Kodak Zx1 Pocket Video Camera, \$179.95. Available at Canadian Tire, Staples and Best Buy.



Love Is A Game Azzaro Twin fragrance for Men and Women, \$35 for 30 mL. Available at Shoppers Drug Mart, shoppers drugmart.ca.



"Kiss me I'm Canadian" T-shirt, \$15. Available exclusively through the Hershey's Kisses Canada Facebook page at facebook.com/hersheyskisses-canada until March 19.



Eye mask, \$1.39 at Walmart. For more, go to walmart.ca.

FOR THE TECH-LOVER



These red laptops are the perfect gift for your Valentine this year. The **HP Mini 210**, left, is small enough to fit into most purses. It's available for \$399 at Staples, Walmart, Costco and at hpsshopping.ca. The **Toshiba NB305 Netbook** boasts a long-lasting battery life. It's available for \$459 at major retailers and shoptoshiba.ca.



Lace babydoll and string panty, \$39, lace corset, \$89, at Jacob. For more, go to jacob.ca.

Kat Von D for Sephora Valentine's Day Sinner Fragrance Set, \$88. This limited-edition set includes a spray bottle, roller ball and body lotion. Available at Sephora. For more, call 1-877-737-4672.



ISLAM CHRISTIANITY

WHICH IS RIGHT?

DEBATE SERIES
UNIVERSITY OF OTTAWA
MARION AUDITORIUM

FEBRUARY 12-14, 2010
GREATDEBATECANADA.BLOGSPOT.COM

HOSTED BY GROUPE ÉVANGÉLIQUE ÉTUDIANT
SUPPORTED BY
UNIVERSITY OF OTTAWA
METRO OTTAWA



This Life Brand Premium Belgian Chocolate Love Bar is sure to make a good impression. Available for \$1.79 at Shoppers Drug Mart, shoppersdrugmart.ca. **METRO NEWS SERVICES**

Ramp up the romance on Sunday

RAFAEL BRUSILOV
for Metro Canada

Valentine's Day can often be expensive to celebrate but frugal lovebirds shouldn't have to feel left out — after all, it's usually the thought that counts.

Instead of feeling compelled to drop a lot of money on the looming V-Day, why not ramp up the romance with a few low-cost options that show off how strong your feelings are rather than how big your wallet is?

Be early

Celebrating a day before will let you do just about anything you'd normally do on Valentine's Day, but without paying the dreaded V-Day premium, and you won't have to deal with swarms of couples batting eyes (or throwing drinks) at each other.

Take that moonlight cruise or check out that stage show you've been thinking about without having to pay double for it — and then have a great



If you're planning a romantic date at home, light some candles and deck out the table with rose petals and your favourite wine.

bouquet of flowers arrive on the actual day.

Stay in

A lovingly prepared home-cooked meal can really impress your sweetheart for a fraction of the cost of a restaurant meal while being much more intimate and romantic.

Pick your own mood music, light some candles and deck out the table with rose petals and your favourite wine — it's easy to enjoy something you already like. Google around for some recipe ideas or check out cookingnook.com for some great options.

Be creative

Meals happen all the time, but how often do you get to show off your touching, creative side? A thoughtful poem, song or portrait can be a great keepsake and a testament to your feelings.

Remember, keep the humour romantic and charming, and finish strong.

For those less creative types, you can buy a personalized Valentine's Day song from sites like gift-songs.com — just plug in your loved one's name and a few details like their eye colour, and so on, and let the professional singers do the rest, all for about \$50.

Face time for long distances

If you're away from your loved one on V-Day, hooking up on a video chat can be a great way to reconnect and proclaim your love, as well as sending a video. YouTube is offering links to a string of cute, user-made Valentine's videos, or you can take one yourself and send it directly to your sweetheart.

"One of the really nice things about online video is it lets you feel connected to the people you fell closest to emotionally — even when you're not close to them geographically," said Google Canada spokesperson Tamara Micner.

Valentine's DIY

Here are some more ultra-cheap, ultra-romantic options for Valentine's Day:

- Make a special care package with all the favourite things your sweetheart loves, no matter how small or funny. Noticing the little things will earn you massive brownie points.
- Write up some "love coupons," which will entitle your Valentine to a romantic dinner, massage — or perhaps much more — any time they'd want.
- Set up your home like a romantic spa, with candles and a bubble bath for two.
- Leave secret love notes — ideally with something sweet attached for your lover to enjoy — all around the home, inside their car or stuck to the bathroom mirror.



think Love,
think Lindt Chocolate

Lindt
MAÎTRE CHOCOLATIER SUISSE
DEPUIS 1845

Visit the **Lindt Outlet Boutique** for a wide selection of exquisite Lindt Chocolates and gifts at delectable deals.

Lindt Outlet Boutique Ottawa
1763 St. Laurent Blvd.
Ottawa, Ontario
(just south of Innes Rd. in Koyman Galleries Plaza)
613.260.5898

Extended Hours for Valentine's Day!
Thursday & Friday, February 11th - 12th:
9:30 am - 9:00 pm
Saturday, February 13th: 9:30 am - 8:00 pm
Sunday, February 14th: 11:00 am - 8:00 pm

For more information, please visit www.lindt.com

Advice for the procrastinator

RAFAEL BRUSILOV
for Metro Canada

So Valentine's Day is here and, yet again, you've forgotten beforehand to buy flowers or arrange to have them delivered. Fret not, you shameless procrastinator you, all is not lost.

Short of painstakingly growing your own flowers in a backyard greenhouse and plucking the choicest ones on the day itself for your sweetheart (which, undoubtedly, is a very romantic option), most of us will have to settle for the store-bought variety.

The first thing to remember is that many

florists know just how close you like to cut things, and as a result do offer same-day delivery on Valentine's Day, albeit for a higher price given the demand.

Get that phone charged up and start calling your local florists (or start Googling "massive apology" if you come up short). Pickings will get slimmer as time nears the evening on V-Day regardless though, so get moving as early as possible.

Consider other flowers, or even plants, instead of roses. Marketers have promoted roses as the de-facto floral choice for Valentine's Day, but there's no

reason any other flower can't proclaim love just as well.

Roses are also particularly expensive and often hard to come by at the last minute, whereas florists still have plenty of other gorgeous flowers left in stock to bail out your procrastinating self on the crucial day.

If your sweetheart has a favourite flower, go with that instead, or even consider a beautiful potted plant — it will last much longer as a symbol of your love. A juniper bonsai plant or young bamboo shoots curved into the shape of a heart are a few great choices.

Remember When...
the most fun you had was at home!!

CLASSIXXX
ADULT STORES
www.classixxx.com

3 LOCATIONS:

1501 Carling Ave. 761-1001	130 Robertson Rd. 829-8407	1724 Bank St. 523-9962
-------------------------------	-------------------------------	---------------------------

Locally owned and operated since 1993

5-year fixed mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.39%	5.39%	5.49%	5.85%	3.99%	5.39%	5.39%	5.39%	3.69%

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

RateSupermarket.ca

Canada's rate comparison website

23

Metro Homes



Reflect

Reflection in the round, this Horn Wall Mirror is encircled with pieces of natural horn. West Elm, \$79, westelm.com.

JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.25%	2.25%	2.25%	3.50%	2.05%	2.15%	2.25%	2.15%	1.90%

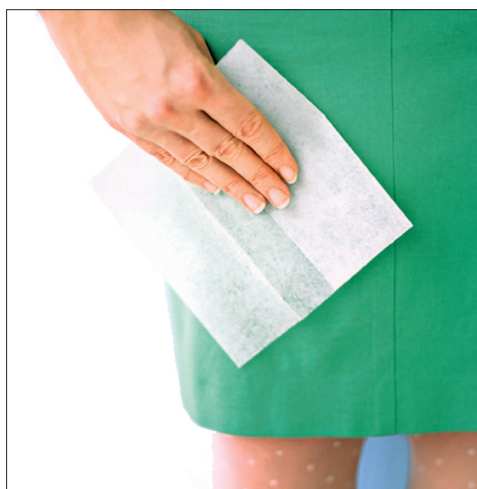
Simple solutions for cleaning up

They are the cleaning jobs around the house that can drive even the most ardent neat freak a bit batty — the vase you can't properly wash or the tile grout that isn't as fresh-looking as it once was.

In Real Simple Solutions, the editors of Real Simple magazine are sharing some of their wisdoms, tricks and easy ideas to not only take the elbow grease out of cleaning, but also simplify everyday life using products you already have around the house.

Among their advice is how to use an everyday fabric-softener sheet for more than just preventing dryer cling:

DRAWER SCENTER If fabric-softener sheets make your clothes smell nice in the dryer, just think what they could do in your dresser. Slip a few fresh ones between folded clothes.



Use a fabric-softener sheet to get rid of static cling.

THREAD DETANGLER To stop thread from twisting and knotting up, run the threaded needle through a fabric-softener sheet before starting to sew.

BOOK DEODORIZER Prevent

REAL SIMPLE Solutions

Real Simple Solutions (\$24.95) is available at Indigo and Chapters, visit chapters.indigo.ca.



your beloved old volumes from acquiring a musty smell by inserting a fabric-softener sheet between the pages.

SHOE FRESHENER: Sadly, shoes don't keep that just-purchased scent past one or two wearings. Place rolled-up sheets in the toes to control odor.

SAWDUST CLEANER: For wiping up sawdust after drilling, you need something that can grab the fine particles. A used fabric-softener sheet will do the trick.

SCUM BUSTER: Remove obstinate soap buildup from glass shower doors by sprinkling a few drops of water onto a used fabric-softener sheet and scrubbing.

CLING COMBATANT: When static attacks, pat yourself down with a fabric-softener sheet to get rid of the electricity.

Here are some other Real Simple Solutions hints on how easily-found household products can be used to make cleaning easier.



LINT ROLLER

Old Use: Fuzz eliminator

New Use: Lamp-shade duster. Supporting the inside the shade with your free hand, run a lint roller up and down the outside to remove dirt.

DENTURE TABLETS

Old Use: False-teeth freshener

New Use: Vase and decanter cleaner. When residue clings to unreachable spots inside a vase or a decanter, fill the container with warm water and drop in one or two denture-cleaning tablets for every eight ounces of warm water. Let the fizzy solution sit for the time specified on the product's box, then rinse.

ELECTRIC TOOTHBRUSH

Old Use: Smile polisher

New Use: Tile scourer. Dip an old, retired toothbrush head into a solution of all-purpose cleanser and water, and use it to scrub tile grout, bathroom fixtures, and any other nook or cranny a large brush can't reach.

RUBBER GLOVE

Old Use: Dishwasher assistant

New Use: Pet-hair remover. Put on a damp rubber dishwashing glove and run your hand over hair-covered upholstery — the hair will cling to the glove, not the sofa. Rinse off the glove in the sink (with the drain catcher in place, of course).

Update GST for harmony's sake

STEPHEN DUPUIS
for Metro Canada



With the next federal budget less than a month away, federal Finance Minister Jim Flaherty has a golden opportunity to enhance the GST new housing rebate structure to be consistent with Ontario and British Columbia approaches to housing under the HST.

Ontario and B.C. have both adopted a graduated approach to the HST under which the full tax rate of eight per cent in Ontario and seven per cent in B.C. is only payable on the portion of the house price over \$400,000 in Ontario and \$250,000 in B.C.

The graduated approach obviously reduces the overall tax payable on the biggest of the big ticket

"So we have a tax that is supposed to be harmonized for cost-effective collection, yet we have widely differing thresholds, rebates and approaches to the tax calculation."

items — your new home — and would go a long way towards mitigating the impact of the five per cent GST, which is payable over-and-above the provincial tax.

Ontario and B.C. have also trumped the feds in the area of rebates to offset the impact of the tax. The federal government's new housing rebate is just 36 per cent of the GST payable up to a maximum of \$6,300. Meanwhile, Ontario is giving a 75 per cent new housing rebate to a maximum of \$24,000 while B.C. is at 71.43 per cent to a maximum of

\$26,250.

Then there's the matter of the claw-back of the GST rebate. Under the current GST framework, the new housing rebate is clawed back on homes priced over \$350,000 and once you hit \$450,000, there is no rebate payable. By contrast, the Ontario and B.C. rebates apply regardless of house price.

So we have a tax that is supposed to be harmonized for cost-effective collection, yet we have widely differing thresholds, rebates and approaches to the tax calculation.

For harmony's sake, why not have the same graduated tax approach and threshold right across the country, federally and provincially, indexed on a go-forward basis?

Flaherty knows that the current federal approach is woefully out-of-date. He knows the Ontario and B.C. models make the most sense. All he has to do now is make it right in the next federal budget.

This is an editorial column reprinted from the Toronto edition of Metro. Stephen Dupuis is president and CEO of the Building Industry and Land Development Association (BILD). He can be reached at president@bildtga.ca.

TOP 5 PHOTOGRAPHERS RECOMMENDED BY METRO READERS

KATHI ROBERTSON WEDDINGS

"Kathi is great because she is skilled, nice, and cares to make a bride look her best."

CHRISTINE TRIPP

"She's professional, personable and very easy to work with. The quality of her work speaks for itself."

DENIS MURPHY

"Excellent photographer! Very professional and talented."

ROBIN SPENCER

"He came to our location, took time to find out who we are as a family, and really incorporated that into our photos."

UNPOSED PHOTOGRAPHY

"Robin made my son and his friends look great - relaxed and natural."

NEXT WEEK'S TOP 5 — GRAPHIC DESIGNERS

Recommend your Graphic Designer by Friday and you could WIN A HP MINI 10.1" NETBOOK!
TO ENTER VISIT METRONEWS.CA/GIGPARK

Powered by metro and gigapark

Home Renovations

The joys of easy floor renewal

Think about floors in a new way.

When it comes to buying a new hardwood floor, for example, it can be difficult to ask all the right questions at the time of purchase. We tend to select floors for their quality, style and their fit with a desired interior design. Rarely do we consider what may occur after installation.

In every home, simple accidents do happen, and some of them will be severe enough to cause unsightly

floor damage. Even if the damage is localized, we believe that board replacement will be difficult and expensive and the floor will never look the same. For anyone with hardwood floors in their home, it's a situation we've all dreaded. At one time that was true, but not today.

Progress in floor joint technology has created new hard surface floors in hardwood, cork and laminate. The Uniclic joint in particular — found in floors made

by Torlys Smart Floors — makes it easy to repair floors by replacing planks.

"Because the Uniclic joint process is reversible, we can explore possibilities for renewal that other companies can't," said Karen Deel, brand manager for Torlys Smart Floors.

"We've invented a tool called 'the bulldog' that allows for unclicking a joint anywhere on the floor, removing the damaged plank and inserting a new plank in minutes, without hassle or mess."

Not only does easy plank replacement assure peace of mind for homeowners, it means that environmentally friendly renewal can be done instead of environmentally costly floor replacement. More information is available online at torlys.com.

Any new floor looks great when first installed. But what about three months later, when it gets gouged by a dropped toaster? Be sure to ask your retailer



New technology allows for replacing planks of hard-surface floors.

about the ease of plank replacement, and what assurance is offered that the

floor will look great after any repairs.

NEWS CANADA

Freshen up your attic insulation this spring

RENOVATION After the cold winter days are behind us, we rejoice in the arrival of spring and the anticipation of warmer weather. For many homeowners, the spring season is often associated with 'spring cleaning' and a perfect time to freshen up their homes. While you may be wondering where to start, a great place to look at first is up — the attic, that is. Why? Because upgrading attic insulation can help you save you money on your monthly heating and cooling bills, all year round, and will help make your home more energy-efficient.

With the government tax rebates available, you'll be saving on more than just your heating bills. The ecoENERGY Retrofit — Homes program is offering a grant of up to \$5,000 from the Government of Canada for energy efficiency renovations. NEWS CANADA

PROFESSIONAL PAINTERS

CUSTOM COLOUR CONSULTING

50 years experience

Fully insured and bonded

References provided

Bilingual Service

FREE ESTIMATES

613.277.4340

Virtually
Odor Free
Paint



EXCEEDING EXPECTATIONS IN THE OTTAWA AREA
FOR OVER 27 YEARS ONE HOMEOWNER AT A TIME!

VISIT ONE OF OUR SALES CENTRES:



BRADLEY ESTATES
401 KEITH CRESCENT
SINGLE FAMILY &
EXECUTIVE TOWNHOMES
613-830-6955



SOHOWEST
550/552 BARRICK HILL, KANATA
EXECUTIVE TOWNHOMES
613-435-5400



Valecraft
Homes Ltd.
WWW.VALECRAFT.COM

Long Legs introduces TallGeneZ brand

Canadian owned Long Legs Fashions for Tall Women has recently partnered with TallGeneZ (tallgenez.com), a unique denim fashion business that specializes in designing jeans specifically for the tall woman. For more information, visit longlegs.ca. **METRO NEWS SERVICE**

25

Style



Chung for Madewell collection

Alexa Chung is many things: TV personality, model, DJ, writer, photographer, downtown-cool style icon, best-dressed-list mainstay... and now she can add fashion designer to the list. She's partnering with Madewell, the heritage denim label that's part of J.Crew Group, to create an exclusive collection—her first-ever collaboration with any label—due to debut fall 2010.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONWS.CA

Lady in red

A shade sure to electrify your wardrobe

SOFI PAPAMARKO
for Metro Canada



This month, we'll be seeing red. A lot of it. And it won't just be in the form of Valentines, cinnamon hearts and cellophane-wrapped bouquets.

Forward-thinking fashionistas are embracing red during this — the blah-est — time of year. Metro spoke with two of Canada's foremost fashion experts to find out why red is so hot this season.

"Red is always hot," says Lisa Tant, editor-in-chief of Flare magazine. "It feels particularly 'right' now because it gives off a burst of energy and passion at a dull time of year. It's also a classic look that is appropriate for any age and skin tone."

What if you want to wear red, but you're low on green?

"It's a smart investment when budgets are tight because it electrifies all of the basics in your wardrobe," says Tant.

Anita Clarke, editor and

founder of Toronto-based fashion blog I Want I Got, has some tips on how to best wear red:

"Pay close attention to fit," she advises. "Red gowns are truly dramatic but cocktail dresses can be more fun and playful. For either style, I would wear a dress that has (few) details... the colour and a clean silhouette should be the focus of the outfit. I like minimal accessories in a neutral colour, with black being my default."

If you're not a woman who feels comfortable in head-to-toe red, the vibrant hue also makes a great accent colour. (How many times have we heard What Not To Wear's Stacy London extol the virtues of a cute red shoe?). If a crimson gown is not your scene, try accessorizing a dark wool coat or black dress with a carmine purse, scarlet scarf or maybe even a raspberry beret.

"Red adds radiance and a glow to skin," explains Tant.



Scarf (\$15-90), Dynamite



Wallet clutch (\$22), Smart Set



Anne Klein slingback (\$125, The Bay)

A little rouge for your home

Just like red accessories add drama to an outfit, red home accents heat up a room instantly

"The Home Depot is hot for the color red. And not only because it is the quintessential color for Valentine's Day, a celebration day in the middle of winter, but because red brings out emotions that many of us need this time of year — especially after the tough economic year we just had."

Frank Turco, Colour, Trend and Design manager, The Home Depot

Euphoria Nine-Light Polished Chrome Chandelier, \$299, The Home Depot.



A one-of-a-kind tree silhouette is framed by a striking red border in this unique acrylic piece of art. \$495, Pier 1.



Voluspa Goji Berry hand-poured three-wick tin candle, \$24.99, Indigo and Chapters.



Take a cue from the celebs and embrace red during this blah time of year. Pictured, left to right, actors Julianne Moore and Cameron Diaz and country singer Taylor Swift.

JONES NEW YORK
FACTORY STORE

SAVE THE TAX EVENT!

JONES NEW YORK

AK ANNE KLEIN

NINE WEST

BONUS OFFER!

Receive a \$25 Gift Card with your purchase of \$75.*

Starts today until Sunday February 14th

only at
JONES NEW YORK
FACTORY STORE

Kanata
Merivale
Orleans

613.270.9766
613.723.8080
613.590.0777

* Some exceptions may apply. Purchase must be a minimum of \$75. before taxes

Tom Felton is teaming up with Ashley Greene for a ghostly new movie. The British actor, best known for playing villainous Draco Malfoy in the wizard films, has signed up to star in spooky story *The Apparition*, about a young couple haunted by a supernatural presence unleashed during a college experiment. FEMALEFIRST.CO.UK

Entertainment



New Mission

Paramount has confirmed a report from DeadlineHollywood.com that Tom Cruise is attached to star in *Mission Impossible IV*. He will also produce the film, which is to open in 2011. EW.COM

EDITOR: DEAN.LISK@METRONews.CA

★★★★★ A CLASSIC; ★★★★★ EXCELLENT; ★★★ GOOD; ★★ FAIR; ★ POOR

Sade still the ultimate in cool

Sade

Album: *Soldier of Love*

Label: Epic/Sony

Rating: ★★★★★

SADE'S SMOOTH OPERATOR personified "cool" in the mid-'80s. Twenty five years later, Sade still is still the ultimate in cool, despite the rather obvious military-style drumming on the title track, *Soldier of Love*. Indeed, it's amazing how little Sade's sound has changed in all that time. Long and lingering vocals stretched out over a snail's pace with an occasional flash of more-than competent musicianship. Lyrical, however, the uber confidence of *Smooth Operator* has been replaced by mid-life regrets, doubts and outright tears. But it all comes together — strings, horns and all — on the exquisitely paced track *In Another Time*.

Graham Rockingham/for Metro Canada

Yeasayer

Album: *Odd Blood*

Label: Secretly Canadian

Rating: ★★★★★

DON'T BE FOOLED by the first track off Yeasayer's latest disc —



the haunting, crunchy sounds and deep, crunk-like vocals is a trick. If you can get past that sludgy (though intriguing) tune, you'll discover a world of beautiful electro pop. Ambling *Alp* is a gorgeous, even inspirational tune ("stick up for yourself son," goes the chorus), while the others songs are thickly layered with electronic instrumentation, rich harmonies, some Graceland-like beats and a lot more. There's rarely a dull second on this fantastic, thought-provoking disc.

Bryan Borzykowski/for Metro Canada

Hollerado

Album: *Record in a Bag*

Label: Royal Mountain Records

Rating: ★★★★★

SOUND-GARDEN'S RE-UNITING, flannel's back in vogue and people are throwing '90s parties, so naturally a band that sounds like it came straight out of the 20th century's last decade is getting a lot of buzz. At least Toronto's Hollerado deserves much of the hype — their Weezer-meets-Strokes-in-a-bar-on-the-East-Coast vibe is extremely catchy. The tracks are all upbeat and fun — an excellent combo for a debut disc like this. They still have some work to do; Fake



Drugs sounds too much like Rivers Cuomo, and other songs are lacking in parts, but these guys are on to something.

Bryan Borzykowski/for Metro Canada

Massive Attack

Album: *Heligoland*

Label: Virgin/EMI

Rating: ★★★★★

TWO YEARS AGO Portishead reinvented themselves and left trip-hop behind them. After seven years since their last album, Massive Attack are



trying to do the same. Heligoland finds co-founding member Daddy G re-joining mainstay 3-D, but unfortunately this reunion is more 100th Window than Blue Lines. The first half of Heligoland drags like a corpse, with lacklustre vocal turns and beats that expired in the '90s. But Heligoland is a bottom-heavy listen. Guests Guy Garvey and Hope Sandoval resuscitate the flow in the second half with their contributions, while Damon Albarn's *Saturday Comes Slow* is the kind of sparkling dirge that can realign Massive Attack with their one-time peers.

Cam Lindsay/for Metro Canada

Midlake

Album: *The Courage of Others*

Label: Bella Union

Rating: ★★★★★

MIDLAKE HAS-N'T MADE it a secret that the follow-up to their critically acclaimed *Trials of Van Occupanther* would be a pretty big departure for the band. And they were right. *The Courage of Others* is a slow, haunting record that takes a page out of '60s British folk. The Grizzly Bear-like sounds from their last disc



AlbumReviews

music@metronews.ca

aren't gone — they just appear in a different light. The album isn't as immediately inviting as Van Occupanther, but it does get less confusing and more accessible with each listen.

Bryan Borzykowski/for Metro Canada

The Hot Rats

Album: *Turn Ons*

Label: Fat Possum

Rating: ★★★★★

WHILE WAITING FOR their bassist Mickey to recover from a broken



back, Danny and Gaz from Supergrass became a duo under the name The Hot Rats. Recorded with Radiohead producer Nigel Godrich, *Turn Ons* is an album of covers, which as the title suggests is 12 personal favourites spanning the last 40 years. Taking on everyone from Bowie to The Cure, Gaz and Danny apply their Supergrass template and come out with some fresh perspectives, like a space-rock spin on the Beastie Boys' *Fight For Your Right*. The result is a dozen rave-ups catered for both classic rock and Britpop enthusiasts alike.

Cam Lindsay/for Metro Canada

You're one strip away from cleaner pores

- and one step away from a FREE sample

Getting clean pores can be as easy as using a Bioré® deep cleansing pore strip. See for yourself at bioreporeperfect.ca

GET YOUR BEST CLEAN

Enter for a chance to WIN

The Trip of Your Dreams!

at bioreporeperfect.ca

Oscar winner diagnosed with cancer

Oscar-winning actor Louis Gossett Jr. has been diagnosed with prostate cancer, the actor announced on Tuesday. The 72-year-old won an Oscar in 1982 for his role in *An Officer and a Gentleman*. TVGUIDE.COM



Percy Jackson is a kid with an epic secret

It's a tough task launching a CGI-packed adventure only weeks after animation spectacular *Avatar* becomes the biggest grossing movie ever.

Even if the director is Harry Potter heavy weight Chris Columbus.

But Percy Jackson and the Lightning Thief, has a secret weapon: Logan Lerman, a blue-eyed 18-year old ready to set teenage girls' hearts aflutter worldwide.

"I'm really proud of this movie, and I'm ready to be recognized," a relaxed Logan Lerman tells Metro at London's fashionable Gloucester Palace hotel.

Alongside him on the podium are assorted members of the star studded crew, including Pierce Brosnan, Steve Coogan and Kevin McKidd.

Despite his youth, Lerman has already starred with Mel Gibson twice (*The Patriot* and *What Women Want*). And Chris Columbus found what he was looking for in his leading young man in the western 3:10 to Yuma.

Columbus sees a future box-office superstar in Lerman and calls him a 40-year-old person in a 17-year-old body.

"I started very young,"

"Lerman plays a troubled high school student who stumbles across an astonishing secret: He's the son of Greek god of the oceans, Poseidon."

Lerman says. "I'm from Los Angeles and there's always an audition for some commercial just around the corner."

In *Percy Jackson and the Lightning Thief*, Lerman plays a troubled high school student who stumbles across an astonishing secret: He's the son of Greek god of the oceans, Poseidon (Kevin McKidd).

And it gets worse. He is suspected of stealing Zeus' lightning bolt and is hunted by monsters and



Logan Lerman plays the son of a Greek god in *Percy Jackson and the Lightning Thief*.

gods alike who want to prevent the outbreak of war.

Percy sets out on a quest to prove his innocence and rescue his mother who has been kidnapped by Hades (Steve Coogan). The movie is

napped by Hades (Steve Coogan). The movie is

based on Rick Riordan's best sellers that mixes Greek mythology with 21st century U.S.A. (The portal to Olympus is on the Empire State Building and the way to hell goes via Hollywood).

Percy quickly learns sword-fighting and how to control his power over water, both inherited from his absent father.

He is brought to Camp Half-blood where other children of "Gods who have fallen in love with humans" are taught how to survive as demigods.

It looks a lot like summer camp, but with lethal ancient weapons.

Percy does some intense sword-fighting with budding love interest Annabeth (Alexandra Daddario), who is the daughter of Athena and no push-over.

"We only really had one fight and we didn't want to hurt each other."

"It was kind of stiff so to make it look better I let her hit me, and it looked great," Lerman recalls.

METRO WORLD NEWS

Percy Jackson and the Lightning Thief opens Friday

Ellen hits the right note

TV Fans took to the Internet to express their pleasant surprise over the 52-year-old funnylady's debut as the singing competition's fourth judge.

Ellen DeGeneres assumed her judging panel post for Tuesday's episode chronicling the first round of Hollywood Week, the cutthroat post-audition phase in which 181 contestants will be narrowed down to 24 semifinalists.

The majority of folks posting about DeGeneres on Twitter praised her performance. Some said they were only tuning in for DeGeneres, but not everyone was a devotee. A denim ensemble worn by DeGeneres, also host of *The Ellen DeGeneres Show*, was mocked by a few Tweeters.

When Fox announced that DeGeneres, an Emmy winner with no formal music experience, would be the new judge last September, fans were divided over the unlikely replacement for Paula Abdul, the



Ellen DeGeneres

"So this is it, huh? I come on, you leave."

Ellen DeGeneres to fellow judge Simon Cowell

sugary sweet pop singer who judged *Idol* since it debuted in 2002 then left amid contract negotiations after the eighth season ended last year.

"Ellen completely met my expectations," said Dave Della Terza, founder

of *VoteForTheWorst.com*, which encourages viewers to champion bad — but entertaining — singers.

"She was trying way too hard. Her critiques weren't funny because no one wants to see a standup act at the judges' table."

But Andy Dehnart, editor of the popular reality TV blog www.reality-blurred.com and a lecturer at Stetson University, said DeGeneres seemed "more polished and on-point than the people who've been sitting at that table for eight years." DeGeneres is on the judging panel alongside Simon Cowell, Randy Jackson and Kara DioGuardi.

"Ellen DeGeneres keeps surprising us," he said. "She excels as a talk show host, and if she keeps up what she did tonight, she'll easily establish herself as the best judge."

DeGeneres' addition comes at a time of change for the aging Fox franchise, which is produced by 19 Entertainment and FremantleMedia North America. Cowell is leaving at the end of the current season to judge and executive produce an American version of *The X Factor*, a talent show he created in Britain. DeGeneres didn't let Cowell off for the move.

"So this is it, huh?" she whispered to him after joining the panel. "I come on, you leave."

Several names have been bandied about as potential Cowell replacements but Fox and the show's producers have not announced a replacement for the acerbic British judge.

THE ASSOCIATED PRESS



Just for You
this Valentine's Day

TV

For a good cause, NBC stars, including

Amy Poehler and Peter Krause and anchorman Brian Williams, are weighing in on what parenthood means to them.

The network has joined with the Boys & Girls Clubs of America in a campaign intended to promote discussion about parenthood and raise funds for the group's Family Strengthening Initiative.

For each person who finishes the sentence "Parenthood is..." for submission at The Parenthood Project website, NBC will contribute \$20 US to the initiative. The network, which launched the site Tuesday, said it's committed to donating \$100,000.

Poehler, who stars in the NBC comedy *Parks & Recreation*

ation, concluded that parenthood is "something funny happening every day," while Williams called it "as rewarding as anything in life."

NBC isn't being entirely altruistic: The network has an upcoming series, *Parenthood* and is weaving promotion of the show in with the campaign.

The hour-long drama, based on the 1989 movie of the same name, debuts 9 p.m. EST on March 1. Its ensemble cast includes Krause, Lauren Graham, Craig T. Nelson and Bonnie Bedelia.

NBC is passionate about the series and wants to generate interest in it, but also saw a chance to "achieve our goals and do some good along the way" by teaming with Boys & Girls Clubs, said Adam Stotsky, president of NBC Entertainment Marketing.

THE ASSOCIATED PRESS



Amy Poehler



Naomi Campbell has no intention of giving up modelling. The 39-year-old beauty — who was one of the '90s supermodels — wants to continue with her life on the catwalk because she still gets a thrill out of doing it. FEMALEFIRST.CO.UK

Campbell keeps walking catwalk

Final show sees Trump 'fire' Leno

Jay Leno ushered out one of television's biggest flops without sentiment on Tuesday, the final night of a prime-time experiment doomed by bad ratings and bad vibes.

Leno told a few barbed jokes about The Jay Leno Show, and Donald Trump told him "you're fired." Leno will return to his old perch at the Tonight show after the Olympics.

Desperate to keep both Leno and Conan O'Brien, NBC gave Leno a show

"This show was supposed to be on for two years, but we got five months for good behaviour."

Jay Leno

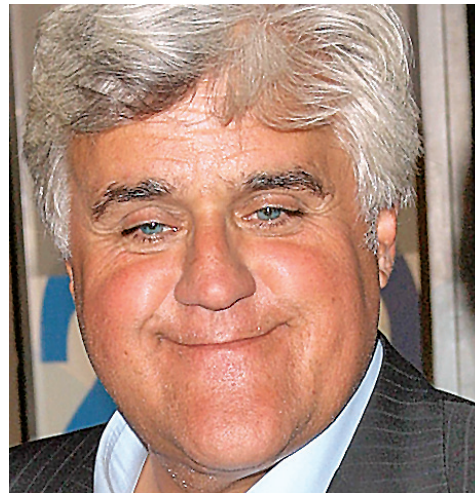
five nights a week at 10 p.m. EST and made O'Brien the Tonight show host. The Jay Leno Show was one of the boldest scheduling moves in years, but the size of Leno's audience — while fine for late night — couldn't cut it in prime time.

Late news shows following Leno on NBC affiliates dropped sharply in the ratings. With some affiliates threatening to yank Leno, NBC proposed cutting his show to a half-hour at 11:35 p.m. and moving O'Brien back a half-hour. O'Brien refused and took a buyout from NBC.

"It seems like just yesterday I was telling NBC this was not going to work," Leno said in his final monologue, and it wasn't clear he was joking.

"This show was supposed to be on for two years," Leno said, "but we got five months for good behaviour."

Leno said he should have known it wasn't going to last, and he showed



The Jay Leno Show is over, but the talk show host will return to The Tonight show next month.

a film of him pulling his car into a parking space that said, Jay Leno, No Parking After Feb. 9.

Actor Ashton Kutcher was a guest, and recently retired pro football quarterback Kurt Warner was brought on to throw a few passes to him. Actress Gabourey Sidibe came on to talk about her best actress nomination for the Academy Awards.

Leno didn't talk about the Tonight show move.

The studio set, if it's kept, will require some changes: the number 10 is now inlaid onto the stage where Leno stands to deliver his monologue.

When the show ended, there wasn't any time to say goodbye. A question-and-answer session with NBC Sports anchor Bob Costas appeared to run long, and Leno barely had time to urge his viewers to stay tuned for the late local news. **THE ASSOCIATED PRESS**

Anne Rice readies new video book

Anne Rice is giving the video book a try.

The author of Interview With a Vampire, The Vampire Lestat and many other favourites has agreed to terms with the video book company Vook on a multimedia edition of The Master of Rampling Gate, a vampire story published in Redbook magazine in 1984 and set in an England mansion in the 19th century.

"Vook represents a very exciting combination of new technological elements, that I think is long overdue in publishing," Rice said in a statement.

"I'm excited that The Master of Rampling Gate is going to have new life in this form, and cannot wait to see the finished product. I'm not sure that my mind can conceive of all the possibilities of this new form."

Opinions are still mixed among publishers and authors about video books, which integrate text, video and social networking.

THE ASSOCIATED PRESS

Deadliest Catch captain Harris dies

PEOPLE Phil Harris, the fishing boat captain whose adventures off the Alaska coast



Harris

were captured on the cable television show Deadliest Catch, has died, the Discovery Channel said. He was 53.

Harris suffered what his family described as a massive stroke on Jan. 29 while the fishing vessel he captained, Cornelia Marie, was in port at St. Paul Island, Alaska. The fisherman was flown to Anchorage for surgery. The reality show, which has filmed five seasons, has been one of the Discovery Channel's most popular and depicts the crab fishing industry in the dangerous waters off Alaska. "It is with great sadness that we say goodbye to our dad — Captain Phil Harris. Dad has always been a fighter and continued to be until the end," sons Josh and Jake Harris said in a statement.

THE ASSOCIATED PRESS

JOHN D. QUOC CHINESE MEDICINE, Acupuncture & Massage Clinic

JOHN. D. Quoc DTCM., C.A.C., D.A.C., B.S.C., B.P.N., D.N., D.O.
 Over 30 years clinical experience & research • Disposable Needles •
 Dr. of Acupuncture Specialist • Pharmacist • Osteopath • Naturopath • Massage Therapist
 Former Professor at Saigon Medicine/Pharmacy University, Vietnam

FREE CONSULTATION

RECOMMENDED FOR:
 Kidney Stones, Sciatica, Frozen Shoulder, Facial Paralysis, Tennis Elbow, Fibromyalgia, Whiplash, Arthritis, Crohn's Disease, Insomnia, Allergic Rhinitis, Migraine, Asthma, Hypertension, Diabetes, Gastritis, Chronic Fatigue, Back Pain, Stroke, Heart Problems, Impotence, Menopausal Syndrome, Depression...etc.

**Vanier Medical Centre 292 Montreal Rd., Vanier
 613 263 0063 • 613 276-7750**

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Mighty Movers	ET Canada	The Agenda With Steve Paikin	The Street (Part 6 of 6) (N)	Masterworks Daniel Liebskind.	Agenda-Paikin			
211	331	3	GTU	Entertainment	Virginie (SC)	Enquête (HDTV) (SC)	3600 secondes d'extase (SC)	The Office	The Office	News Hour		
-	-	5	SRG	Access H.	Monk	CSI: Crime Scene Investigat'n	Past Life (N)	Le Téléjournal Nouvelles (SC)	La Zone (SC)			
209	342	6	CHRO	TMZ (N)	Wheel Fortune	The Nature of Things (N)	Grey's Anatomy (N)	(10:01) Private Practice (N)	Comedy Now			
196	311	7	CTV	The Vampire Diaries (N)	Jeopardy! (N)	Journey-Haiti / Parks/Recreat	The Office (N) 30 Rock	The Mentalist (HDTV) (N)	CTV News			
208	303	8	NBC	Wheel Fortune	Jeopardy! (N)	Dieu merci! (N) (SC)	Google World (HDTV) (N)	CBC News: The National	The Hour			
-	360	9	CBC	Wheel Fortune	Jeopardy! (N)	Lipstick Jungle (SC)	The Office (N) 30 Rock	The Office	The Office	News		
117	713	10	TVA	La Série Montréal-Québec (N)	Dieu merci! (N) (SC)	Méto	La Verité chue (SC)	TVA nouvelles	(10:45) Denis Lévesque			
-	-	11	QS	Taxi payant (N)	Smile TV (N)	Le Deep End (N)	Grey's Anatomy (N)	Guerre clans	L'Attaque à 5 (N)			
137	763	12	TFO	Panorama	Smile TV (N)	Méto	Dogora ** (2004, Documentaire)	Villages	Artisans de			
-	362	13	CBS	The Insider (N)	Justice Brown	Survivor: Heroes vs. Villains (N)	The Mentalist (HDTV) (N)	Two/Half Men	King	Cold Case		
216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King	Cold Case		
214	344	15	CITY	Law & Order: Special Victims	Community (N) Parks/Recreat	Community (N) Parks/Recreat	30 Rock	Dark Blue	News			
115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News: Law & Order: Criminal Intent	Metropolis			
218	345	18	CHCH	Rush Hour 2 ** (2001, Action)	Jackie Chan, Chris Tucker	The Deep End (N)	Blazing Saddles *** (1974, Comedy)	Cleavon Little	News at 11 (N)			
-	361	20	ABC	Action News	Entertainment	The Deep End (N)	Grey's Anatomy (N)	(10:01) Private Practice (N)	News			
512	396	24	CPAC	(4) Dossier public (SC)	Heure polit.	L'Heure politique	100 Huntley Street	Life Today	Tête-à-tête	Dossier public		
502	355	25	CTS	Little House on the Prairie	Dr. Quinn, Medicine Woman	Bones (HDTV PA)	Past Life (N)	FOX 2 News (N)	This Is Day	News		
-	365	36	FOX	TMZ (N)	Seinfeld	Performance at White House	Dark Blue	Poirot (Part 2 of 2)	Charlie Rose			
-	-	64	PBS	Business Rpt.	Snowfalls TV	CSI: Crime Scene Investigat'n	Grey's Anatomy (N)	The Mentalist (HDTV) (N)	CTV News			
205	312	104	CTV	The Vampire Diaries (N)	Connect Today's biggest stories (N)	Campbell Brown (N)	CBC News: The National	The Nature of Things	National			
502	390	26	NW	Situation Room-Wolf Blitzer	Billiards World Cup of Pool.	Billiards World Cup of Pool.	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Prime Time			
406	417	27	CNN	Best Damn Sports Show	24 Hours en 60 minutes (SC)	Grands reportages (SC)	The Great Tournament	Sportsnet Connected	Le Téléjournal			
126	730	28	RDI	NHL Hockey Washington Capitals at Ottawa Senators. (HDTV) (Live)	Score Today	FullTimePoker.net Million	World Poker Tour	Hardcore Champ. Fight	NBA Basketball			
410	403	52	SCR	Ghost Hunters	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters International	Destin. Truth			
411	457	56	OLN	NASCAR Racing	6TEEN (DVS)	6TEEN	Futurama	King of the Hill	Sleepy Hollow *** (1999, Horror)			
554	544	48	TEL	6TEEN (DVS)	6TEEN	6TEEN	Wizards-Place	Latest Buzz	Cory in the House	That's-Raven		
557	540	51	FAM	Sonny Chance	Life	Malcolm-Mild.	Hates Chris	8 Simple Rules	What I Like	Family Biz	To Be Indie	Prank Patrol
551	542	65	YTV	ICarly	Fries That?	Ranked!	The First 48 (HDTV) (N)	TNA IMPACT! (HDTV) (N)	Manhunters	Manhunters	Manhunters	Manhunters
570	580	29	MTV	The Daily Fix	The First 48 (HDTV) (N)	Star Trek: Voyager	Caprica	Geopolitis	Humanima	Hors série	TVA Epics (N)	
515	520	31	A&E	The First 48 (HDTV)	American Chopper	Envoyé spécial	A Valentine Carol (2007, Romance)	Emma Caulfield.	Crash & Burn "Closure"	Law Order		
628	584	32	SPKE	UFC Fight Night	American Chopper	Envoyé spécial	Innovators	Writers	Intem Academy * (2004, Comedy)	Peter Onir.	Law & Order	
521	560	34	TLC	American Chopper	American Chopper	Envoyé spécial	MythBusters	MythBusters	Home Improve.	Home Improve.	UnStable (N)	
145	761	35	TV5	Horizons (SC)	A Taste of Shakespeare	Daily Planet (N)	Reba	Reba	According-Jim	According-Jim	Daily Planet	
616	521	39	SHO	Relic Hunter	A Taste of Shakespeare	Daily Planet (N)	Reba	Reba	According-Jim	According-Jim	Daily Planet	
625	548	46	COM	Air Force	22 Minutes	Family Guy	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne
294	529	47	TBS	Family Guy	Property Virgin	Holmes Inspection	House-Bryan	Real Renos (N)	House-Hunters	House-Hunters	House-Hunters	House-Hunters
600	564	49	H&G	House Hunters	Property Virgin	Holmes Inspection	House-Bryan	Real Renos (N)	House-Hunters	House-Hunters	House-Hunters	House-Hunters
627	528	60	SPC	Stargate Atlantis (DVS)	Canada's Next Top Model	Reality	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
581	566	53	MTV	Canada's Next Top Model	Reality	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
618	524	54	TROP	Reality	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
522	506	55	HIS	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars
129	773	60	CD	Biographies (HDTV)	On the Buses	Watchtower	Love It or List It	Urban Indian	Moose TV	The Ellen DeGeneres Show (N)	TMZ	
261	394	61	V	Murder, She Wrote	Love It or List It	Urban Indian	Moose TV	The Ellen DeGeneres Show (N)	TMZ			
567	62	W	Supernanny	By the Rapids	Chuck-Day Off	Restaurant Makeover	Extreme Cuisine-Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant		
269	590	70	APTN	Wapos Bay	By the Rapids	Chuck-Day Off	Restaurant Makeover	Extreme Cuisine-Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant	
621	527	71	TLK	Look-A-Like	Chuck-Day Off	Restaurant Makeover	Extreme Cuisine-Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant		
603	561	95	FN	Ricardo	Chuck-Day Off	Restaurant Makeover	Extreme Cuisine-Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant		

critics'corner

Innovators in Music

"Sonic Middle-Aged Dudes" just doesn't have much of a ring to it. The closing episode of this series gets up close and personal with the "noise rock" band Sonic Youth, formed in 1981 during the waning years of the punk movement and still noisy after all these years. Interviews with members of the group are interspersed with performance footage from the '80s and from a tour stop last year in Kansas City, Mo. 8 PM on 40 BVO



French Kiss

It's a romantic comedy. With Meg Ryan. What more do you need to know? She's a desperate young woman who overcomes her fear of flying to search for her fiancé (Timothy Hutton) after he calls her from Paris to break their engagement. On the plane, she meets a French jewel thief (Kevin Kline) who uses her luggage to smuggle a diamond bracelet. You'll have the ending figured out about 15 minutes in, so unless you can't get enough of Meg doing her cute thing, save yourself a couple of hours. 9 PM on 61 V

Play with your food

Taste wines at a Winemaker Dinner featuring Southbrook Vineyards next Tuesday at Play Food & Wine at 6:30 p.m. \$95/person. playfood.ca. **METRO NEWS SERVICES**

Urban Foodie

●●●●● INSPIRED; ●●●●● VERY GOOD; ●●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Satisfactory, not dazzling

SHARI GOODMAN
OttawaUrbanFoodie@gmail.com

Graffiti's Italian Eatery & Saloon
101 Kanata Ave.
(613) 271-3057

Signature Dish: Tuscani Portofolio (\$25)

Rating: ●●●
Dinner for two with wine: \$70

Graffiti's is a popular spot to stop at on the way to a Sens game.

Some dishes scored, but others didn't.

One of the brighter parts

of the meal was a round loaf of bread filled with marinated eggplant and parmesan.

As well, the Trio of Bruschetta (\$8) was delicious with a selection of garlicky toppings to slather on the crostini.

The Tuscani Portofolio (\$25), a seared chicken supreme served with a sweet fig and mushroom ragout, was executed well.

And the veal in the Ossobuco Milanaise (\$28) was tasty and so tender that it fell off the bone.

While these mains succeeded, the accompani-

On the web

- Get recipes and more great food content at metronews.ca/recipes

ments didn't.

The black truffle risotto promised with the Ossobuco was missing the truffle and the rice was undercooked.

The starch of the day, a baked potato with lemon sour cream and chives, came unadorned and dry except for three plastic butter tubs.

Unfortunately, we found

some main dishes we'd avoid, including the Spaghetti with "Bigga" Meatballs (\$15).

The pasta was toothsome but the sauce bland.

And the Seafood Linguini with Pesto (\$20) left a puddle of olive oil at the bottom of the bowl.

The meal ended on a sweet note.

The Apple Pouch (\$8) was filled with a tasty apple compote and served with rich vanilla ice cream.

You can have a satisfactory meal at Graffiti's, but don't expect to be dazzled.



Ossobuco Milanaise (\$28)

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.

- Check out metronews.ca/globalpeasant for a recipe of Lime Sugar Cookies



Canadian chefs face a world of media mouths

OLYMPICS Chefs routinely get their days off to an early start to prepare for customers who will be dining on their delicacies later in the day. But for six prestigious Canadian chefs, today will be far from routine.

Their day will kick off at about 3 a.m. and the diners who will sample their culinary creations are members of the world's media in Vancouver to cover the 2010 Olympic Games.

"The food ingredients of Canada will be the star attraction as we showcase some of the best of Canadian food and talent," says Anita Stewart, a food activist, cookbook author and founder of Cuisine Canada who has co-ordinated the function.

The chefs were chosen from across Canada.

THE CANADIAN PRESS

Dining out

JAK'S KITCHEN In the old Stoneface Dolly's location, Jak's Kitchen is carving a name for itself. Brunch on the weekend has become popular so get there early to avoid waiting in line outside. For meal times check out 469 Bronson Ave., or call them at (613) 230-2088

NAPO FARM TO TABLE ITALIAN CUISINE This Italian restaurant uses all local ingredients and chooses organic when possible. It's also a slow food movement advocate, and the menu changes with the seasons. 1542 Bank St., (613) 523-9595

METRO OTTAWA

In brief

STIR UP SOME ROMANCE WITH YOUR SWEETHEART at a cooking class à la Valentine's where you'll enjoy a three-course meal and leave with recipes this Saturday at The Urban Element at 7:00 p.m. \$75/person. You can find them at theurbanelement.ca

METRO OTTAWA

**LET'S REBUILD
HAITI
TOGETHER**

JACOB has joined forces with Oxfam to raise \$150 000 for the relief effort in Haiti by creating a **t-shirt**, in stores **now**.

JACOB will donate **\$15, 100% of the sale price**, to Oxfam for every t-shirt sold.

On sale in all JACOB and JACOB Connexion stores in Canada.

JACOB
jacob.ca

Oxfam

YOU COULD

WIN 1 of 5 3GS iPhones

(Already got one? Be a hero & give it to your BFF!)

For your chance to WIN, follow "Metro News" on Foursquare and unlock the Metro badge by checking in every morning near where you pickup your Metro.

New to Foursquare?

Join for free at foursquare.com or on your mobile at m.foursquare.com or by downloading the iPhone app in the App Store.

Foursquare lets you share your location with friends and rewards you for exploring your city! Users earn points, win mayorships and unlock badges for trying new places and revisiting old favourites.



No purchase necessary. Contest open to Canadian residents of legal age. Contest closes February 28, 2010 at 11:59pm. Odds of winning depend on number of entries received. Winners will be randomly chosen from people who have unlocked the badge. Value of prize is \$699 each. For full contest rules and details, visit www.clubmetro.com.





Supermodel Gisele Bündchen, 29, shows off the first photo of her baby boy, Benjamin, in Brazilian mag Quem. The two-month-old is all bundled up in a blue jacket and matching hat while dozing off in Bündchen's arms, femalefirst.co.uk reports. **METRO NEWS SERVICES**

And — surprise! — he looks like a baby

Celebrity Buzz

Channing shows Ellen how to strip

AND FROM NOW ON ALL HER GUESTS MUST DO THE SAME (EXCEPT RUSH LIMBAUGH) American Idol judge Ellen DeGeneres seemed rhapsodic at having her talk-show guest Channing Tatum demonstrate some of the moves he made in his former job as a male dancer on her show yesterday, people.com reports. "What kind of dancer were you, Channing?" DeGeneres asked Tatum, 29. "I was a stripper," replied the Dear John star, prompting loud applause from the in-studio audience. And so, Tatum demonstrated what men strippers do — though, not a thread was removed. Still, said Tatum, "Now I'm embarrassed."

METRO NEWS SERVICES



Paris is for lovers ... of Johnny's style

ONE THING UPON WHICH THE FRENCH AND THE REST OF THE WORLD AGREE From the long, stringy hair and goatee to the layers of offbeat accessories and everything in between, nobody can quite pull off a look like Johnny Depp — especially as far as his longtime girlfriend Vanessa Paradis is concerned, people.com reports.

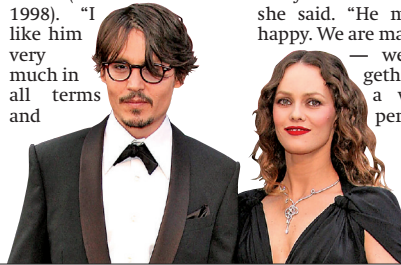
"I love his style, yeah, yeah, yeah!" Paradis told People magazine. "I love him, and I don't have to say I like this and I don't like that. When you love somebody, you take them as they are. I would not change him."

Besides Depp's eclectic style, the French singer and actress, 37, is attracted to all the qualities of her

beau (since 1998). "I like him very much in all terms and

every sense of the way," she said. "He makes me happy. We are many things — we are together and, in a way, one person."

METRO NEWS SERVICES



Is Hilton secretly engaged?

THE LIZ TAYLOR OF FIANCEES Paris Hilton may already be engaged to Doug Reinhardt and just waiting to announce it, and if so she may have just tipped her hand.

The heiress was accepting an award for her charity work at a benefit in Los Angeles when she said, "I'd like to thank my future sister-in-law Casey Reinhardt," according to E! News.

Hilton, who has been dating Reinhardt for a

year, has hinted that a wedding may be in the works, saying last month, "I wouldn't rule out a wedding in 2010. With how amazing everything is going between us, I see a very bright and happy future."



METRO WORLD NEWS

Madonna ditches boytoy, eyes more recent model

HE WAS GETTING TOO OLD FOR HER Madonna is allegedly livid that Jesus Luz is going around telling people that he was the one who did the dumping in the breakdown of their relationship. "She's furious and feels humiliated," a source tells the Daily Mail. "She feels he has her to thank

for his modeling success and is calling all her designer friends, telling them not to use him."

But Madonna appears to have found just the thing to get over the 23-year-old Brazilian model. She's reportedly been getting cozy with 24-year-old Spanish model Jon Kortajarena after meeting him late last year.

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

SAMANTHA RONSON doesn't like people saying she abused Lindsay Lohan, **JOHN MAYER** is feeling romantic, **EDDIE IZZARD** refuses to age, and **KIRSTIE ALLEY** is susceptible to advertising.

@samantharonson To ANY-ONE who perpetuates this rumour accusing me of being violently abusive after @lindsaylohan has denied it: I WILL take legal action.

@johncmayer What's that song that goes "It's a quarter after one, I just huffed a can of ceiling paint and I need you now?" I like that one.

@eddieizzard Apparently it's my birthday. I'm twenty two (as usual). Thanks for all your messages

@kirstiealley oh my god, all these infomercials are causing me mass confusion ... then I want them all

METRO WORLD NEWS





WITH THE MOST HD MOVIES, YOU'LL NEVER MISS YOUR FAVOURITE FLICKS.

**FREE ROGERS
HD BOX**
\$249 VALUE

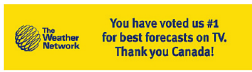
**WHEN YOU
TRADE IN YOUR
SATELLITE RECEIVER!**

- Get over 4X more HD programming than satellite*
- Exclusive HD On Demand
- More reliable than satellite in extreme weather conditions

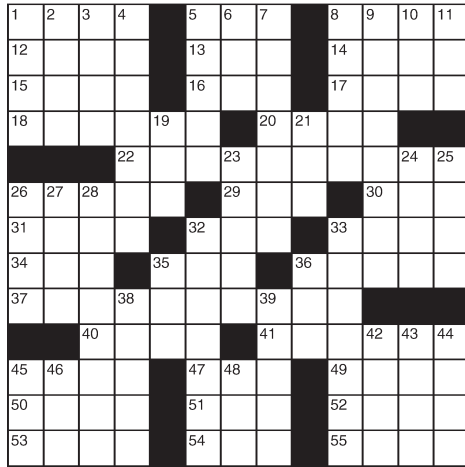
IF YOU'RE NOT WITH ROGERS, YOU'RE MISSING A LOT.
 Go to rogers.com/LoveHD, call 1 866 622-7550
 or visit a Rogers Plus store or an Authorized Dealer.



*Based on comparing Rogers total number of HD program choices to other HD service providers within Rogers serviceable area. †Available for a limited time to customers who do not have Rogers Cable TV service. Subject to change without notice and may not be combined with any other discount. Free digital HD box with Rogers Digital TV subscription (min. 2-year term required) and relinquishment of satellite receiver and remote to Rogers. Early cancellation fee applies. District 9 © 2009 Columbia TriStar Marketing Group, Inc. All rights reserved. The Informant! © 2009 Warner Bros. Entertainment Inc. All Rights Reserved. Inglourious Basterds © 2009 The Weinstein Company, LLC. All Rights Reserved. Distributed Exclusively in Canada by Alliance Films. All Rights Reserved. Terminator Salvation or The Machinima Series © 2009 T Asset Acquisition Company, LLC. All Rights Reserved. © Warner Bros. Entertainment Inc. (s09). All Rights Reserved. Cloudy with a Chance of Meatballs © 2009 Columbia TriStar Marketing Group, Inc. All Rights Reserved. Copyright © 2009 Sony Pictures Animation Inc. All Rights Reserved. The Time Traveler's Wife © 2009 New Line Productions, Inc. All Rights Reserved. Distributed Exclusively in Canada by Alliance Films. All Rights Reserved. Love Happens © 2009 Universal Studios. All Rights Reserved. Animated Universal Studios. Couples Retreat © 2009 Universal Studios. All Rights Reserved. Whip It © 2009 Twentieth Century Fox Film Corporation. All rights reserved. Photographs © 2009 Twentieth Century Fox Film Corporation. All rights reserved. Motion Picture © 2009 Babe Ruthless Productions, LLC. All rights reserved. †™Trademarks of or used under license from Rogers Communications Inc. or an affiliate. © 2010 Rogers Cable Communications Inc.



For more delicious Metro recipes, visit: metronews.ca/food



ACROSS

- 1 Fungus product
- 5 Enthusiast
- 8 Small combo
- 12 Duel tool
- 13 Blond shade
- 14 Maintained
- 15 Approach
- 16 Crossword clue abbr.
- 17 Regulation
- 18 Green
- 20 Ids' counterparts
- 22 Beach pastime
- 26 Normand or Mercer
- 29 Sweet potato
- 30 Greet the villain
- 31 Hawkish Olympian
- 32 Energy
- 33 Spill the beans
- 34 Roulette bet
- 35 Garfield's owner
- 36 Kid napped?
- 37 SoCal teen of the 1980s
- 40 Tittle
- 41 Inconsequen-

- tial person
- 45 Decline
- 47 31-Across, e.g.
- 49 Curved molding
- 50 With 46-Down, well in the past
- 51 Lamb's mommy
- 52 Caspian Sea feeder
- 53 Dresses in
- 54 Harrison or Reed
- 55 Vend

DOWN

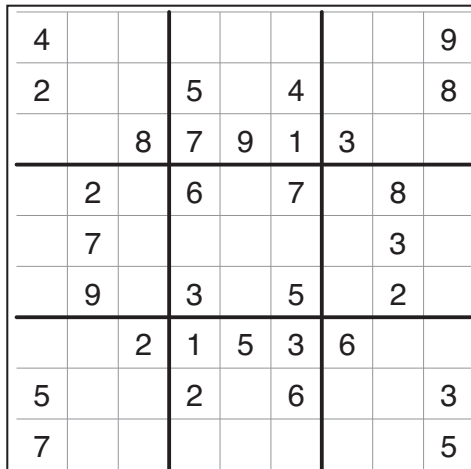
- 1 Options list
- 2 Admitting clients
- 3 Mad king of literature
- 4 Develops (from)
- 5 Bellybutton
- 6 — Today
- 7 Early hour
- 8 Pulsate
- 9 Having a second life?
- 10 Under the weather

- 11 Worshipper's writing
- 19 Vote seeker
- 21 Workout venue
- 23 Fibbing
- 24 Burden
- 25 Earring site
- 26 Sportscaster Albert
- 27 Vicinity
- 28 Sheets
- 32 It was launched in 1977
- 33 Round, as a nose
- 35 Lustrous black
- 36 "No seats" abbr.
- 38 Wind-blown soil
- 39 Alphabetized list
- 42 Fairy tale villain
- 43 Option from Howie Mandel
- 44 Scream
- 45 Bankroll
- 46 See 50-Across
- 48 Have bills

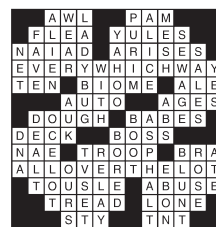
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	1	7	2	8	4	9	6	5
2	4	8	6	5	9	1	3	7
6	9	5	3	7	1	2	4	8
5	8	6	9	1	3	4	7	2
9	7	2	5	4	6	8	1	3
4	3	1	8	2	7	6	5	9
1	2	4	7	9	5	3	8	6
8	5	3	1	6	2	7	9	4
7	6	9	4	3	8	5	2	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Healthy Home-Cooked Chili

Submitted by Stacey Graham, Vancouver, B.C.

INGREDIENTS:

- 1 tbsp olive oil
- 2 clove garlic, minced
- 1 small onion, diced
- 1 tbsp fresh thyme and rosemary (optional)
- 1 pound lean ground beef
- 1 teaspoon chili powder
- 1/2 cup tomato paste
- 1 can tomatoes, chopped, drained
- 1 can red beans
- 1 can corn
- 1/3 cup fresh cilantro, chopped
- 1/2 cup cheddar cheese, shredded
- 1 ripe avocado, sliced
- 1 cup nacho chips

METHOD:

1. In a frying pan add olive oil, onion, garlic, thyme,

- and rosemary. Add beef and cook until browned.
2. Meanwhile, put corn and tomatoes into a large pot and cook over medium heat. Add tomato paste, beans, cilantro and chili powder. Stir in beef mixture.
3. Cook until heated and flavours mix together.
4. Garnish with cheddar cheese and avocado pieces sprinkled on top. Serve with a side of nacho chips.

SERVES 6

PREP TIME: 15 MINUTES
COOK TIME: 30 MINUTES



Horoscopes by Sally Brompton sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

Whether it is you keeping secrets from others or others keeping secrets from you there will certainly be plenty of deception going on.

LIBRA

SEPT 23-OCT 23

Everyone has doubts about what they have done and what they should have done but did not.

TAURUS

APRIL 21-MAY 21

You know what you want and you know how to get it but it might still be wise to get as many people on your side as you possibly can.

SCORPIO

OCT 24-NOV 22

Venus, planet of love, moves into one of the best areas of your chart today, making it easy for you to get things done.

GEMINI

MAY 22-JUNE 21

It will pay you to be a little less intense today, especially when dealing with employers and people in positions of power.

SAGITTARIUS

NOV 23-DEC 21

Even the little things you do today will have far-reaching effects, especially on the home front.

CANCER

JUNE 22-JULY 22

You should not find it too hard today to forgive someone who says something less than flattering about you.

CAPRICORN

DEC 22-JAN 20

Communications are likely to be disrupted in some way today but there is no need to panic because it is only a minor blip in what is otherwise an excellent outlook.

LEO

JULY 23-AUG 23

You have been revealing too much about yourself to colleagues and strangers of late and it is time to be a bit more mysterious.

AQUARIUS

JAN 21-FEB 18

Have the courage to follow a course of action that not everyone in your social circle is likely to approve of.

VIRGO

AUG 24-SEPT 22

Get on top of your workload today and, more importantly, stay on top of it for the rest of the week.

PISCES

FEB 19-MARCH 20

Venus in your sign will endow you with a more relaxed take on life over the next few days. Things that annoyed you in the past no longer matter.

FLIGHT CENTRE *Unbeatable*

Florida & Mexico
4-Night Cruise
\$299*

Celebrity Century
CRUISE roundtrip Miami and visit Key West & Cozumel. Sails Feb 27/cel.

1 866 720 4853 | flightcentre.ca

Conditions apply. Ex: Ottawa. Cruise price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. *Price in USD. cel=celebrity. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations: ONT. REG #4671384

Enhance Your Romance at

Tuesday's
THE ROMANCE STORE

Lingerie Adult Toys

1239 Wellington St. 613-761-6060
tuesdaystheromancestore.com
Join our FACEBOOK page

HAKIM OPTICAL

Start the New Year with a Fresh New Look!

FREE OR FREE
LENSES 2nd PAIR

With purchase of any frame in the store. Single vision, Bifocal or Invisible Bifocal.

PLUS! You can share your Free 2nd pair with someone you love!

Over 150 Discount Outlets... 110 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca



2010 BEST NEW PRODUCT AWARDS

LOOK INSIDE FOR YOUR CHANCE TO WIN A
BEST NEW PRODUCT AWARD WINNERS SHOPPING SPREE!

PRESENTED BY

BrandSpark
International

**Canadian
Living**

**COUP
POUCE**

strategy
look vision brand new ideas

Rexall PharmaPlus
A pharmacy first.

metro